

A ghastly guide for ghouls, goblins and poltergeists

Facial fantasies

By STEVE KANIGHER

Halloween is the only night when society allows its citizenry to make something of their faces.

What other night offers the public the opportunity to raid private residences after dark with faces that would make Lon Chaney jealous?

Tonight is the night when parents shouldn't have to worry if their kids run outdoors with milk moustaches or mascara smudges.

A spot check of stores in the area indicates a lot of funny-looking little people will be flooding the sidewalks of Albany, El Cerrito, Kensington and Thousand Oaks.

Pay Less Drug Store, at 10650 San Pablo Ave. in El Cerrito, has already sold its entire stock of Zorro-like eye masks, as well as fantasy heroines like Cinderella and Snow White.

"Star Wars was such a popular movie that its characters were the first we ran out of," said assistant manager Alma Montoya.

Montoya said the best selections still available include devils and "ugly looking burnt-up men with long dangling hair."

Long's Drug Store in the El Cerrito Plaza specializes

in rubber masks that fit over the entire head. The masks depict ghouls, vampires and "wart-faced women," according to manager Drew Johnson.

Long's also sells inflatable masks that fit on top of the head. Johnson said instructions direct the user to black out his or her face so that the mask above looks like an "immense thing sitting on top of your head."

(Continued on page 2)

Ghostly goings-on

So what else can you do on Halloween besides (depending on your age or proclivities) go trick or treating or give out candy? Herewith a guide to some local activities:

• Parade

The Thousand Oaks Neighborhood and the Thousand Oaks Merchants Associations are inviting all ghosts and ghouls to Thousand Oaks School to show themselves on Oct. 31, from 1 to 2 p.m. for a parade on Solano Avenue.

• Rock Festival

Music Creations is presenting a free Halloween rock festival with entertainment by four Bay Area rock bands. Sunday, Nov. 4, 12-6 p.m., at Provo Park, across from City Hall in Berkeley.

• Haunted House

The children of the community are invited to St. Alban's on Halloween. (Continued on page 2)



READY FOR THE GREAT PUMPKIN — Mark Lovell, 5, of El Cerrito, has grown his own this year, part of a project at Skytown Nursery School.

San Pablo Avenue may get a facelift

By STEVE KANIGHER

ALBANY — An Albany Chamber of Commerce plan to beautify San Pablo Avenue may be voted upon by the city council next month.

The plan, in the works since last year, involves the planting of trees and shrubs along the sidewalks of the avenue. If passed, the beautification project will probably begin next September, according to Bob Guletz, public works director.

The proposal was drawn up by John Pleich, a horticulturist and landscape designer who owned Flowerland on Solano Avenue from 1947 to 1976, and William Garren, an architect who owns the building leased by the Albany Cinema. Pleich and Garren were also instrumental in the beautification of Solano Avenue.

"We walked the avenue several times and listened to the input of business people as to what their objections would be to the plan," Pleich said. "They asked only that the trees would not block the storefronts."

Adopted by the chamber last March, the plan calls for the planting of laurel fig trees, evergreens that with proper maintenance can be kept about six feet high. The trees would be spaced 50 to 75 feet apart and require trimming only once a year.

Brick planter boxes, standing about six inches to one foot off the sidewalk and set back about two feet from the curb, would also be constructed.

Varying in length from about 8 to 25 feet, the planters would contain African daisies as white ground cover, California wild lilacs which are blue and will grow about 18 inches high, Indian hawthorne which is rose red and will grow about two feet high, and a slightly taller white shrub.

The planters will be arranged in such a way so that when people drive along the avenue, they will first spot the white ground cover, then in ascending order, the blue, red and white-colored shrubs.

"We want to achieve something that will require minimum maintenance but have maximum color," Pleich said. "It will give the city its own identity and will be pleasing to the eye at all times."

Pleich said it would take one to two years before the trees and shrubs are fully established.

The city council already voted last February to convert the avenue from three to two lanes in each direction, with a painted center lane shared by all traffic for left turns only.

In addition, left-turn signals on San Pablo Avenue in both directions will be placed at the Solano and Marin Avenue intersections. The avenue revisions are expected to begin next September and take from four to six months to complete.

This conversion will conform to a plan by Caltrans to speed up the traffic along the entire San Pablo Avenue route.

The cost of installing the left-turn signals will be fully covered by federal funds. The federal government will also pay up to 86 percent of the bill for reorganization of the street lanes and for the beautification plan, if it passes. The remaining 14 percent plus would have to come from the city's purse.

The city has already received \$319,000 in Federal Aid Urban money for this plan. Guletz said the city will have to spend all the federal money plus its own share of at least 14 percent to complete the project. Guletz said he had no further details about the cost of the plan.

Bank robbery

EL CERRITO — An undisclosed amount of money was handed over to a white male in a stickup last Thursday at 2:06 p.m. at Central Bank, 1755 Eastshore, El Cerrito.

Police said the suspect approached three tellers after producing a revolver, left the bank at the sound of an alarm, and was last seen fleeing on foot north across Gill Street.

Chamber drive



Albany Chamber of Commerce resident Edward Elliot, right, sits with his old friend, Barry Rummion, new member of the local chamber. Barry and Fred Rummion recently opened up new law offices at 863 San Pablo Ave. after years of practice in Oakland. Chamber board members are presently conducting their annual membership drive, which runs

through Nov. 10, by calling local businesses nominated for membership. Membership benefits include public relations advice, free research services, a periodic business bulleting and access to miscellaneous information about the city. For further details, call 525-1771 or visit the Chamber at 1108 Solano Ave.

Albany school board debates funding of high school study trip to Washington

By ROBERTA ALEXANDER

ALBANY — The Albany School Board provided a lesson in government at its Oct. 23 meeting when it engaged in spirited debate over how much support to provide to a student group that wants to study government first-hand.

CloseUp is a national forum for the involvement of youth in government. For the past three years, students from Albany High School have attended week-long CloseUp sessions in Washington, D.C., and each year the board has provided some help with the funding.

This year, according to social studies teacher Robert Allegrotti, who pleaded CloseUp's cause, costs have risen to \$650 per student, of which \$350 is tuition (including room and board), and the rest transportation.

The CloseUp Foundation provides a scholarship for one teacher and one low-income student. Allegrotti

reminded the board. At Albany High the second scholarship has traditionally been divided among two or three students.

Accompanied by more than a dozen students, including one former CloseUp participant, Allegrotti pointed out the benefits of the program: seminars on the judiciary, legislature, executive branch; discussions with Congress members, lobbyists and journalists.

Linda Smith, who attended last year's session, told the board that she learned more about government in one week in Washington than she had all semester in class.

"It's a very well-run program," Allegrotti said.

Last year, he said, Bay Area students (including five from AHS) met CloseUp participants from Atlanta, Houston and New Orleans. One of the benefits of the trip was the chance to "check out our perceptions of southerners, and

theirs of Californians."

No one on the board argued about the value of the program. Indeed, board vice-president Peggy Thomsen commented that as a former social studies teacher she was well aware of the program's advantages.

The problem was money. Superintendent Charles McCully told the board that when funding was first provided three years ago, it was intended as seed money.

"We expected it to stand on its own," he said. "I hoped students would raise their own money."

He went on to say that he would recommend giving the equivalent of one scholarship this year, but for the last time. He wanted the students to be told that they must plan ahead and start raising money if they intended to go on the trip.

Was it clear in the past, member Jean Tenret inquired, that the support was intended to be short-term? Yes, McCully responded.

But McCully's desire to have the

board go on record that it would provide no future support bothered member Bonnie Cediell. She didn't like to commit the board to "never" doing it again.

"And why can't we reward scholarship?" she asked.

McCully tried to compromise. "Let's say that it is not the board's intent to keep supporting it," he said.

Thomsen then expressed concern (Turn to Page 4, Col. 4)

Votermobile

The Albany Senior Van will be available to transport seniors and handicapped persons (preference will be given to the handicapped) to the polls on Nov. 6. This service will be available as schedule permits. For information, call the Senior Center at 644-8500.

Councils make salary, development decisions

El Cerrito, police reach accord

By ROBERT MANOR

EL CERRITO — Police and the city council have agreed to a step salary increase that will raise the top wage for patrol officers to more than \$21,000 by next year.

The pay hike includes a four percent retroactive to last July, additional four percent increase in January and a final five percent increase in July 1980. The memorandum of agreement spans months.

Patrol officers now receive a top salary of \$18,876 a year. This will rise to \$21,436 during the final six months of agreement.

The El Cerrito Police Officers Association ratified the agreement last week. Association spokesman Mike Safine declined to say how many of the association's 44 police department members voted for approval.

Monday the city council endorsed the measure by a three to one vote. Council members James Allen, Marjorie Collins and Mayor Gary MacLaren voted yes with no comment. Councilman Ernest DelSimone was absent.

Councilman Richard Spellman voted against the salary package, saying it was substantially more than that granted other city work-

ers that it may force additional layoffs.

The agreement could trigger a new round of negotiations with the city's firefighters, who had accepted a salary and benefit raise similar to that granted other city employees totalling slightly less than seven percent.

But, City Manager Richard Brown said, the firefighters had included a provision in their agreement which would allow them to reopen negotiations if police were to win higher raises. Brown said last week that the new police salary agreement "protected" the (Turn to Page 4, Col. 1)

Albany OKs condominiums

ALBANY — The Albany City Council has voted 4-1 to approve a 47-unit condominium development on Albany hill after noting that the plan is an improvement over a similar application that was turned down in July.

The new plan eliminates two units from the original 49-unit application, calls for the preservation of oak trees and sets a 40-foot height limitation for all buildings, located between Taft and Jackson Streets.

Councilwoman Joyce Jackson dissented, saying a public hearing should be held before a decision is made. Developer Theron Hedgpath's proposal had been ap-

proved by the city's planning and zoning commission and then appealed to the city council by a number of citizens.

Public Works Director Bob Guletz noted that Hedgpath revised the plans, creating a more varied design. And the developer retained a new traffic engineering firm which reported that, although traffic would increase in the hill area as a result of the development, there would be "no significant adverse traffic impact."

In other business, the council:

• Decided to inform the U.S. Corps of Engineers that the city cannot proceed with further planning or

financing of a breakwater portion of waterfront development until the settlement of a lawsuit filed by the Albany Landfill Corp. in 1975 when the City Council closed the city dump. A preliminary hearing on the suit may be scheduled in the near future.

• Referred to the Planning and Zoning Commission proposed regulations that must be adopted by the city as a condition for obtaining federal flood insurance.

• Set a Nov. 13 public hearing to consider releasing the city's first priority right to buy a small area owned by Bay Area Rapid Transit (Turn to Page 4, Col. 1)

More Halloween . . .

Fantasies

(Continued from page 1)

ting on the kid's shoulders." He said customers are still talking about the ghoulish with a 10-inch nose that looks like a phallic symbol. "Moses-looking guys" and "bald-headed people with funny noses" are two of the masks clerk Jim DeJong will sell customers at Discounts Unlimited at 841 San Pablo Ave. in Albany.

For those who want to protect their heads from falling pumpkins and misguided broomsticks, Discounts Unlimited sells a wide variety of hats.

"We have hobo hats, wicker hats, pirate hats, George Washington-type hats and even hats with hair in the back," DeJong said.

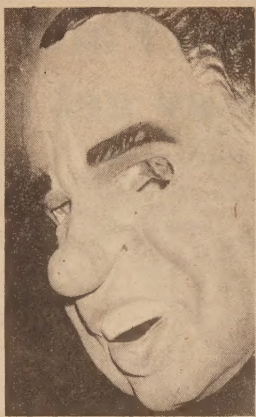
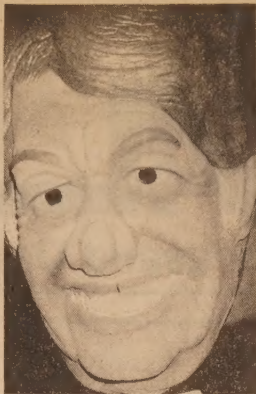
Kids who read comic books will enjoy the Spiderman, Superman and Hulk selections at Woolworth in the El Cerrito Plaza.

"There's also an assortment of monsters with lots of ugly scars and cuts," said store manager Jim Wells.

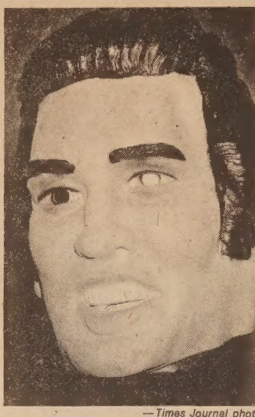
Toy-Go-Rounds, at 1160 San Pablo Ave. in Albany, sells used masks whenever they can get their hands on them.

Some of the unique costumes that have been sold there, according to co-owner Andora Freeman, include a white bird with a beak, feathers, webbed feet and mint-green doctor's uniform, and a space outfit featuring a mask adorned with tubes and antennae.

If none of these masks sound appealing don't just make a face, make a face.



Current top-selling Halloween masks in the area include Jimmy Carter,



Richard Nixon, Elvis Presley and Miss Piggy from the Muppets.

Halloween Gothic

By ROBERTA ALEXANDER

I should have realized that this Halloween was going to be a bit unusual when I met my friend Emily Round Eyes the other day.

Emily and I have known each other since college. Of course, her name wasn't RoundEyes then. She chose that after her divorce, to express "my sense of wonder and rebirth."

Anyway, I met Emily in front of Lifestyle Markette, and she swept me along with her.

"Why are you wearing a long black cape, Emily?" I asked.

"To help me get into the flow of Halloween," she said. "My therapist says I need to relate to the dynamics of the holiday experience without blocking the intrinsic tension."

She cut off my puzzled question by pulling up short in front of the bulletin board and speed-reading down the column of Halloween events.

"Hm," she murmured. "An erotic pumpkin festival . . . no too organic."

Ah, a new play, three acts on the gestalt of dialogue between a jack o'lantern and a plain pumpkin . . . no, too intellectual.

Suddenly her eyes lit up. "Oh, this is it," she cried. I looked at the poster. The Institute to Legalize Primal Rage was sponsoring a Halloween dance; "come," it said, "as your favorite street person."

Emily bubbled on with costume plans until we reached the produce section, where she put a large,

square, orange pumpkin in her cart.

Square?

It was, she told me, the latest thing. "They stack better, they stay on shelves more surely, they're easier for children to decorate."

"Uh-huh," I said weakly.

I followed her out of the Markette while she told that she was worried about her daughter, Tiffi, who was 10, apparently couldn't decide what kind of Halloween costume she wanted.

"We've had a lot of heavy political discussions about it," Emily said with a shake of her head.

I was afraid to ask her the correct political position on Halloween costumes.

Tiffi was in the parking lot, sitting on the hood of a car.

"Mom, mom," she shrieked. "I've got it! I know what I want to be."

"That's wonderful, darling," Emily cooed.

"I want to go as Farrah Fawcett," she said breathlessly. "I need a silicon transplant."

"Oh Tiffi," Emily said. "I don't really think . . ."

"No Mom!" she interrupted. "You've taught me to be real and natural. I don't want to stuff socks in my That wouldn't be real or natural."

"Well," Emily said, "if you really believe this is essential to your sense of oneness . . ."

I hurried home and started looking for my gallon of pumpkin mash.

Teen needs

foster home

A 16-year-old teen-age girl is in need of a foster home.

Dee (not her real name), would prefer a family with children close to her age.

She is a bright student and does well in school with encouragement.

A foster family that is involved in a variety of activities would be best for Dee, as she needs to be included in a variety of activities and experiences.

To learn about becoming foster parents for Dee or some other child in need of a home, call the Alameda County Social Services Agency at 874-6911.

The payment for board and care of foster children ranges from \$170 to \$230 per month depending on the child's age. The payment is to meet all expenses except medical care, which is covered by Medi-Cal.

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Hints for a safe holiday

Tonight's the night when all sorts of creatures, including visitors from distant planets, spacecraft pilots, and the more conventional riders of broomsticks, will be in evidence shortly before and after sunset.

Motorists should be prepared to see skeletons, goblins, and assorted apparitions wandering through the dusk and dark. All will be of short stature and should be expected to display a ghostly disdain for motor vehicles.

As a precaution against encounters with moving vehicles, California State Automobile Association (AAA) safety officials urge parents to be sure that young adventurers are attired so that they are easily seen.

CSAA asks parents to stress seven rules of safety before permitting their children out on Halloween:

- Dress: Use highly visible costumes. Avoid dark colors unless well decorated with reflectorized materials. Avoid baggy outfits that might cause a child to trip or fall; don't use masks that obstruct vision, or pointed props that could cause injury.

- Cross streets only at corners — never in mid-block.

- Always watch for turning cars before entering the street.

- Look in all directions to be sure the road is clear before crossing.

- Observe all traffic signals, and cross only on green or "walk" lights.

- Never go into the street from between parked cars.

- Carry a flashlight, and use it to see and be seen.

Some additional safety tips are offered by the Insurance Information Institute:

- Never allow young children to trick or treat alone.

- Use make-up instead of masks or headgear that obstruct the child's vision.

- Use reflective tape on dark-colored clothing and on trick-or-treat bags.

- Make sure all costumes are made of non-flammable material.

- Do not use lighted jack-o'-lanterns, candles or flammable materials such as paper decorations.

Goings-on

(Continued from page 1)

ween for "A Trip Through the Graveyard." On each of the last three years, St. Alban's has offered a Haunted House for Halloween entertainment, and this will be a new theme and new thrills.

The Haunted House is open from 6:30 to 8:30 p.m., and there are games and refreshments for younger children as well, provided by St. Clare's Guild, just in case they are too young to go through "The Graveyard."

St. Alban's is located at 1501 Washington Ave. in Albany (at Curtis). The Men's Club will provide security guards.

• Scary films

On Halloween at 3:30 p.m., the El Cerrito Branch Library, 6510 Stockton Ave., will get you into the trick or treating mood by showing "Magic Sneakers," "Hansel and Gretel," "The Beast of Monsieur Racine," "A Story, A Story," and by popular request, "Mrs. Amsworth," the story of a woman vampire. Total running time of these movies is approximately one hour and 20 minutes.

Wear your zaniest costumes. All ages are welcome.

• Radio scares

An afternoon of scary stories for Halloween will be presented from 1 to 6 p.m. on KPFA radio (94.1 FM). This program will include "How to Become a Witch," told by Starr Parkhurst, and "Barney McCabe," told by Elizabeth Overmyer and Richard Russo, staff members at the Albany Library.

These stories were taped in advance at KPFA's studio, before a live audience which included most of the Albany staff, who can be heard participating enthusiastically during the "Barney McCabe" sequence.

• Puppet show

At 4 p.m., the Albany Library presents the Ninnhammer Puppeteers in "A Special Trick." This puppet show tells of Elroy's troubles when he is left in charge of a magician's props. Seasonal stories and other treats will also be included in the 45 minute program, particularly planned for school-age children. For further information, please call Elizabeth Overmyer, Children's Librarian, 526-3720.



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El Cerrito community pool lets the sun do the work

By ROBERTA
ALEXANDER

EL CERRITO — In its 14 years of existence, the El Cerrito Community Center has been at the recreational heart of the community. Now, its new solar paneling in place, the center also comes a leader in energy management.

According to Cliff Marchetti, Recreation Services Supervisor, the paneling is expected to save \$6-\$8,000 a year in heating costs.

The payback time will be 10 to 15 years," Marchetti said of the system which was completed in mid-July.

The 177 panels are mounted on the roof of the center, where they collect heat. The pool water is cir-

culated through the panels.

An additional heat-saver is the pool cover, which is put on each night. There is also a new pool heater, which kicks on when the water temperature dips below a certain level.

Marchetti already sees benefits from the new system.

"During the hot spell (in September), we didn't use any additional gas at all," he said.

While that isn't possible with mid-winter heating bills of over \$3,000, Marchetti still expects significant savings.

The paneling cost \$145,000, most of which, Marchetti said, came from state grants.

The center's pool is its

most popular feature. It is open daily from 7:15 a.m. to 9 p.m., and is self-supporting.

"More than 50,000 people used the pool during the summer," Marchetti said.

They are participating in adult lap swimming, in swimming lessons for all ages, in practicing for AAU meets, in water calisthenics.

"This swim and trim program is popular now," Marchetti. "It's part of the physical fitness push and people know that swimming is one of the best exercises."

The center's fee classes are also self-supporting, according to Shari van Zandt, assistant recreation services supervisor. By

contrast, the recreational programs at the city's eight playgrounds are supported by municipal funds.

"We're unique in being self-supporting," Marchetti claimed.

Classes run from arts and crafts to Chinese cooking to disco and social dancing.

"We're as closely recreational as possible," Marchetti said.

What this means, Ms. van Zandt explained, is that people in the area may offer classes through the center, as long as they are private individuals and not part of a profit-making organization.

That's why they wouldn't accept a "jazzercise" class, Ms. van Zandt said. And Marchetti recalled turning down a meditation class because the instructor required students to buy an expensive book and tapes.

There is, however, no shortage of classes. The center has been sponsoring senior citizen dances every week since the building opened.

Besides tumbling, tap dance, tennis and baby care, there is also a class for exceptional children, one of the few of its kind in the Bay Area. Designed to improve the motor skills of children with learning or other disabilities, it includes exercises, games and swimming.

"People come from El Sobrante, from Hercules, from Oakland," Ms. van Zandt said.

This class is not quite self-supporting, the center's staff exception.

Classes run for six-week sessions. Fees are low, with non-residents being charged slightly more than residents.

For more information, call 525-6747.



Solar paneling at the El Cerrito Swim Center will save on heating bills.

SENIOR CENTER

By JEAN KRAMER

Another legislative measure of benefit to elderly people which few are aware of is Assembly Bill 146, recently signed into law by Gov. Brown. This bill, which becomes effective on Jan. 1, 1980, deals with civil actions filed by seniors.

Things stand now, as a result of very crowded court calendars, seniors' civil actions often take more than a year to get to trial. In some cases, before the cases are heard, the plaintiff has died, leaving a demoralizing effect on the family and anxiety to the court.

Equally important is the fact that a long delay could lead to adverse decisions, since conditions often change with time, and vital evidence may be lost or forgotten. The new law

eliminates these obstacles, by allowing anyone 70 years of age or older to receive preferential treatment in the courts by setting the earliest possible date for the case to be heard.

The only requirements are a motion to the judge, or presentation of a medical document satisfactory to the court. Assemblyman Carmen Perino, who authored this bill, is very pleased at its adoption and hopes everyone will join him in letting people know about it. We, too, are pleased and will do our best to inform the seniors of this development.

Wednesday, Oct. 31 — This is Halloween so watch out for the witches and goblins, but our center will be open as usual. "A Look at the Modern World" class, 10 a.m., by Leo Vuosalo. 4 p.m. menu — baked chicken.

Thursday, Nov. 1 — Bingo with Cy and Mollie at 10:30

a.m. Mini-Mart at noon. Don't forget this is the day for the business meeting at 12:30. Please stay as we have some very important matters to take up. Afternoon, cards and conversation, 4 p.m. menu — to be announced at site.

Friday, Nov. 2 — Jack Quinn is on hand at 10 a.m. to instruct bridge or chess. Afternoon bridge starts at 12:30, 4 p.m. menu — to be announced at site.

Saturday, Nov. 3 — Silver Toppers Fun Day, bingo with Emily Cristofani and Elizabeth Wing — good prizes, stories, singing, etc. It all begins at 10:30 a.m. Cards and conversation all afternoon, in our lounge. Folk dance class with instructor Gertrude Kuhner at 2 p.m. Evening ballroom dance at 8 p.m. at Marin School, Marin and Santa Fe Streets. Myriam Heath, hostess.

Sunday, Nov. 4 — Center opens from noon to 4 p.m.

Monday, Nov. 5 — 9 a.m. creative writing with Marcy Alancraig, Ogilby 12 noon, 4 p.m. menu — beef-macaroni casserole.

Tuesday, Nov. 6 — Art-needlework group at 10 a.m. Origami, Japanese paper-folding class also at 10 a.m. Sing-a-long with Cy and Cliff Brissell at 1:30 p.m. This is the day for free flu shots at our center from 10 a.m. to 2 p.m. 4 p.m. menu — baked chicken.

Attention seniors! Everyone is welcome to attend the retirement party for Ruby Dillard on Sunday, Nov. 11 at 2 p.m. Come and help us pay our respects to this gallant senior who has worked for our members for so long, and so well.

The Albany Historical Society will sponsor a pot-luck supper at our center on Sunday, Nov. 18, 2 p.m. Everyone invited. Please bring food, otherwise no charge. Come and learn about Albany history.

The next Reno trip is on Nov. 25 and 26. Call 644-8500 for reservations.

The Albany Senior Center is located at 846 Masonic Ave.; 644-8500.

Women's group

EL CERRITO — A Black Women's Support Group will hold its opening meeting Monday, Nov. 5 at 7 p.m.

The group, which focuses on nutrition and breast-feeding, also stresses prenatal care and a clothing exchange.

Those interested in attending the session should phone 526-0110 (days) or 223-3397 (evenings).

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Dress-a-doll contest at bank

THOUSAND OAKS — Dave Nichols, Fidelity Savings and Loan Association's North Berkeley branch manager, invites local residents to participate in the bank's Dress-A-Doll/Design-A-Toy program to benefit local needy children at Christmas.

The program works like this: members of the community can, from Nov. 1 to 23, pick up wooden trucks and dolls at the branch at 1861 Solano Ave. Participants design and sew a dress for the dolls and paint and decorate the trucks and return them to Fidelity by Wednesday, Nov. 28, for judging on Friday, Nov. 30.

Awards will be given to the outstanding dolls and toys in each category. All dolls and toys will be part of a Christmas display in Fidelity's North Berkeley branch Dec. 1-17.

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100 CAPSULES \$2.69

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30 FREE TABLETS
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VITAMINS IN
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BONUS BOTTLE
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130 ONLY...
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M BONUS BOTTLE
30 EXTRA
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SUPER SPORT[®]
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FOR TODAY'S
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REG. 3.13
100 TABLETS \$1.57

NATURAL
LECITHIN
19 GRAM
CAPSULES
SAVE
REG. 4.43
100 CAPSULES \$2.79

VITAMIN C
500 mg.
NATURAL
ORANGE
FLAVOR
REG. 2.99
100 TABLETS \$2.49

EXTRA STRENGTH
LEPC[®] • B6
with OTHER VITAMINS
FAMOUS
ALL-IN-ONE
DIETARY AID
FULL 30 DAY
SUPPLY
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100 TABLETS \$2.88

POTASSIUM
GLUCONATE
550 mg.
REG. 2.69
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NUTRA-E[®]
SHAMPOO
with CONDITIONER
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PURE VITAMIN E
SKIN CREAM
FOR SMOOTH HEALTHY SKIN
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All Sale Prices Good Thru 11/15

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10% UPSTAIRS DOWNSTAIRS 10%

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SHARP Model 5600 ONLY \$288 MICROWAVE OVEN

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KORBEL BRANDY 5⁸⁸
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JAY VEE 90° PROOF VODKA 7⁵⁹
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JAY VEE BOURBON 6 Yr. Old 80°	1.75 Liter 10.99	9.59
OLD CROW BOURBON	Quart 6.99	5.29
CUTTY SARK SCOTCH	.750 ML 9.25	6.88
FLEISCHMANN'S VODKA	1.75 Liter 9.99	6.99
FLEISCHMANN'S GIN	1.75 Liter 11.99	8.99
BACARDI RUM	Quart 7.19	5.38
COURVOISIER V.S. COGNAC	.750 ML 14.99	11.99
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Hometown history



Back in 1912 . . .

Farms in El Cerrito? This photo from the Louis L. Stein, Jr. collection was taken from Albany Hill. San Pablo Avenue is the long horizontal street in the

foreground. Fairmount Avenue is at left and Solano Avenue is behind the trees at right.

A third party surfaces in the East Bay

By JAMES DAY

Local chapters of a nationwide third political party are being formed to combat "the destructive force of corporate power on everyday life" in Alameda and Contra Costa counties.

The Citizens Party, which launched its attack on the political and economic status quo in August, is now trying to persuade citizens that if they controlled the corporations and perhaps public utilities, everything from nuclear meltdowns to unemployment could be curtailed, if not eliminated.

Just how the party will surround and defeat its foes — the Democratic and Republican parties and corporate power — remains undecided, though exact strategy is expected to be worked

out at a nationwide convention sometime in the spring.

Some organizers in the Citizens Party are looking to run presidential and vice presidential candidates in 1980, while others say it would be most effective to organize local labor groups and other political organizations into local chapters and aim at state and local elections. Berkeley Citizens Action Council member Florence McDonald was one of the first to support a local chapter.

In any case, the party's organizers are optimistic that they can at least make "corporate power and its abuses" the kind of everyday issue that ecologists made over the threats to the environment. Armed with a manifesto reminiscent of the Students of a Democratic Society Port Huron statement in the early 1960s, party organizers have started the long haul of introducing a third party to the American people, a task rarely successful in U.S. politics.

Adam Hochschild, a member of the editorial board of Mother Jones magazine and of the party's nationwide organizing committee, recently acknowledged the problems with a third party when he said, as alternative party organizers often do, "I prefer 'new party' to 'third party.' Third party implies that we will always be playing second fiddle. The effort's only worth it if we can move into the center of the arena and

start winning elections.

"The Republican party emerged as a third party in the 1850s because they had a new way of approaching the central question of the times — slavery — and we think we can show that abuses of corporate power are at the heart of many of today's problems, including the threats of nuclear power and the need for alternative power sources."

The new party does not yet have a formal platform, but its guiding principles include public control of energy industries, opposition to nuclear power, support for solar energy and conservation, control of inflation, reduced military spending and a guaranteed job for everyone who wants to work. Just what issues local chapters are expected to tackle has not yet been decided.

"People have become disinterested in politics," said UC-Berkeley sociologist David Matza, a member of the Citizens Party's national organizing committee. "There's a lack of interest in either political party."

Matza said the Citizens Party hopes to attract alienated Democratic and Republican voters to "create a new kind of politics" that is neither liberal nor conservative. The party's central theme would be an ideal of "citizenship," he said.

"I'm not sure we mean to be a left party. There's a very general feeling among political people that there's a sort of community constituency that is not left or right in traditional political terms," he said.

"Ecology, health care, and elderly issues also split the political spectrum in a somewhat different way than previous issues did."

Asked where he thought the party fits in the spectrum of political labels, Hochschild said, "Party of the left" is correct. I suppose, or 'progressive.' I personally am happy with 'socialist,' though a lot of members aren't."

ALBANY SCHOOL BOARD DEBATES

(Continued from Page 1)

over how other unfunded, but worthwhile, projects would react to the continued support given CloseUp. She also wondered how the high school would allocate the funds.

McCully responded that the criteria would be established by the school, which prompted Thomsen to ask if it would be done strictly on the basis of financial need.

"No," said McCully with some asperity. "I think we should leave it to the good judgment of the staff. They are more in touch with the students."

Thomsen then made a motion to increase the social studies budget for this year in the amount of one scholarship.

And go on record as not doing it again, McCully asked?

"I made my motion," Thomsen answered. The motion passed.

Board member Bruce Arnold then poured oil on the troubled waters, suggesting that the board go on record as intending the program to become self-supporting.

McCully immediately plunged in with more arguments in favor of ending the funding.

"I know kids can make and spend that much. They do on automobiles anyway."

The motion passed, with Cediel dissenting.

In other business, the board approved the Alameda County Schools Insurance Group Safety Program, a package of regulations designed to bring the district into compliance with state safety standards.

Since the district is self-insured, McCully explained that the board needed to adopt these safety regulations in order to keep claims and costs down.

The program is based on the following principles:

- "1. All accidents have causes which are subject to control.
- "2. Prevention of accidents is the responsibility of all employees.
- "3. It is practical to eliminate or minimize hazards.
- "4. Support by the governing board and district administration is vital to carrying out an effective safety program.
- "5. Accident prevention is essential as accidents affect the welfare of students and employees, as well

as the efficiency and economy of district operations.

"6. Good safety practice is always an integral part of effective work." Business Manager John Fike was designated the district safety coordinator, and a series of site and district committees was established.

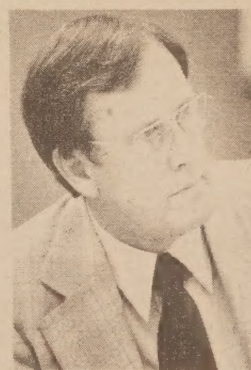
The report then spells out the safety standards for the following areas: fire protection; respiratory protection; eye, face and body protection; general environmental controls; walking-working surfaces; exists; flammable liquids; machinery and machine guarding; storage of materials; food services; and electrical equipment.

The other item of unfinished business on the agenda was the adoption of a policy on a district advisory council for compensatory education.

However, McCully told the board, "We got seven pages of (proposed) changes today and we don't want to stay here all night."

He advised board members to discuss their suggestions with Assistant Superintendent Richard Rosenquist, adding that most of the suggestions involve clarifications of language and will be incorporated into the final document.

McCully also reported to the board that Assemblyman Tom Bates would like to meet with the board, to discuss legislation and to hear board concerns. A workshop was scheduled for Nov. 13, from 6 to 8 p.m., immediately preceding the next board meeting. The workshop is open to the public.



John Fike

Another unusual board meeting is slated for late November, a joint meeting with the Peralta Community College board of trustees.

McCully said that the agenda of the joint meeting called for Peralta to spend about 15 to 20 minutes describing available programs, followed by a joint discussion of adult education. Then the two groups will consider the kinds of programs that might be done together so that students could simultaneously get credit at Albany High and at Peralta.

The rest of the meeting would be devoted to small group discussion of these issues, and McCully invited students to attend the meeting.

"Will this be vocational as well as academic programs?" Tenret asked.

"Yes," McCully said. He was asked if Peralta has done this with other districts.

Not yet, McCully replied. "This is the first. Peralta hopes it will be a model. We have to realize that a small high school cannot provide the same scope as a giant or large school can."

Two students from AHS asked board members for help with the yearbook, which will cost \$7,000 this year. The board cannot legally use district funds for this purpose, but several board members expressed interest in taking out ads on their own.

The board also approved district participation in the Regional Occupational Program run by the Contra Costa County superintendent of schools. At present four Albany High students are enrolled in ROP

classes — in word processing, clerical, bookkeeping, counting and processing.

The agreement spells out responsibilities of the two programs. The county is responsible for ram enrollment, attendance, counting and transportation. Albany will be in counseling and referring students.

The board accepted the audit report, late, McCully said. A number of reasons, "but not a manager isn't in jail," Board President Ruth added that even though it was late, she found it very

On the consent calendar, a board approved payment of \$1,000 in the amount of \$1,000. Ganong explained to the audience that a roll call to be taken when money is

The board approved the order of the consent calendar recommended the employment of the following people:

- Robert Mackler (Mushy the Bay Area) and Kathleen (Parenting the Young Child School);
- Phyllis Giblin, data processor/library clerk, Albany High School;
- Marilyn Rie, site coordinator, AHS;
- Pat Grashier, enrichment center coordinator, AHS;
- Mary Wallman, H.M.C. coordinator, AHS;
- Marilyn Ames, alt. coordinator, AHS;
- Charles Halpern, E.S. trainer, AHS;
- Gunda Ebert, instructor, Enrichment Center;
- Jeanne Wagner, S.I.P. coordinator;
- Anthea Francine, special education aide, Marin;
- Betty Anne Duer, Vista;
- Ann Kadyk, Title I aide;
- Carole Behrle White, education aide, Cornell;
- Holly Brecherman, Cornell;
- Eulalia Bloomer, Cornell;
- Carol Ann Stickley, Cornell; and
- Nancy Ashworth, teaching handicapped (part time).

At 9:15 p.m., the board executive session to discuss personnel matters.

Rent control fraud charges

STOCKTON — A state tenants group has filed suit against estate and construction companies charging them with fraud in promoting rent control ordinance for the 1980 state election.

The suit, filed in San Joaquin County Superior Court, prohibits paid signature gathering from portraying the proposition as rent control.

Although the proposed ordinance would forbid statewide and place severe limitations on the kind of rent control ordinance could be passed by local municipalities, it has been official "Rent Control" by the Attorney General George

It is being promoted by a coalition of organizations including realtors, apartment developers, building trades and mortgage bankers.

"This is a consciously tated fraud," said Stephen of the California Housing Information Network, a advocacy group that says gatherers are billing "rent control."

Jack McDowell of the cisco firm of Woodward and Larson, which is making campaign, denied the being promoted as rent

CONDOS

(Continued from Page 1)

District adjacent to the BART linear park and fronting on Brighton Avenue.

• Voted unanimously to reject Rudolf Bermann's request to lay concrete in the parking strip fronting his home at 963 Ventura Ave.

• Decided to make all the city's parking spaces reserved for handicapped persons effective 24 hours a day. Previously, the spaces have been reserved during daytime hours only.

POLICE PAY CONTRACT

(Continued from Page 1)

city from having to deal with firefighters a second time. This issue was not discussed at Monday's council meeting.

Despite the pay raise, El Cerrito police will still earn less than their counterparts in Oakland and Richmond. Officers in Richmond will earn \$22,704 by January 1980 while experienced patrolmen in Oakland will then be earning

\$23,208.

In another matter, Mayor MacLaren told the I-G that Eastbay Sanitary has asked for an increase in the fees it charges for removal of residential rubbish.

The scavenger company has not disclosed how much of an increase it wants, MacLaren said. An audit of the firm's income and expenditures is now underway and likely to be released in mid-November.



GREEN, LEAFY AVENUE? — If the Albany Chamber of Commerce has its way, trees, shrubs and planters would line San Pablo

Avenue. The city council may vote on the matter in November. Already approved for the avenue is a central left-turn lane and the

reduction of the number of lanes in each direction from three to two.

—Times Journal photo by Mike Musielski

Kensington institute fosters the search for life's meaning

By STEVE KANIGHER

EL CERRITO — The teachings of Viktor Frankl, a student of Alfred Adler who was himself a student of Sigmund Freud, have had a dramatic effect on the life of El Cerrito's Joseph Fabry.

Fabry, a Viennese-born writer, is founder and director of the Institute of Logotherapy, which allies Frankl's psychotherapeutic methods to people who feel empty, frustrated, unhappy or lonely.

The aim of the institute is to put meaning back in their lives through such methods as list making, psychodrama and dreams.

"Life in general has meaning," said Fabry, a Carmel Street resident since 1962. "More important is that every moment of our life offers us meaning and we have a chance to respond in a meaningful way."

"Many counselors will take a person, look at his past and try to determine why he is what he is. But in logotherapy, the emphasis is on what can be done now."

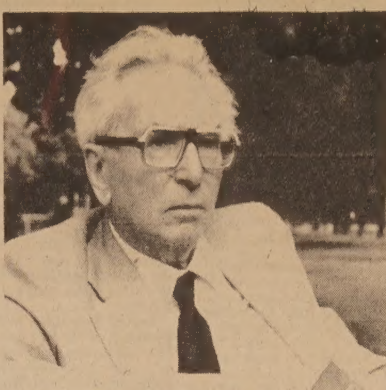
Frankl, who resides in Vienna, will talk about his

He arrived in New York in 1940, shortly after escaping from the Germans, and went to work in a factory. At the insistence of a friend, he moved to the West Coast in 1941 and worked in shipyards for three years. From 1944 to 1948, he wrote news and commentary for the "Voice of America" and then until 1972, he edited agricultural publications for the University of California at Berkeley.

In 1963, his daughter, Wendy, gave him a copy of Frankl's "Man's Search for Meaning," a bestseller written in the late 1940s that dealt with the author's three years in German concentration camps. Fabry was moved by the account, his first exposure to logotherapy.

"Frankl didn't find life meaningful in camp but he found that life had meaning in spite of it," Fabry said. "This carries an important message for depressed people today."

Fabry wrote to Frankl after he read the book to get more information on logotherapy, perhaps enough to present a lecture series on the subject at the First Unitarian Church in



Dr. Viktor Frankl

are facing death.

Fabry tells people who attend his workshops there are several important things to remember that make life meaningful.

"Every time you know you have a choice life is meaningful," Fabry said. "Every time you feel you have no choice, life is meaningless. Logotherapy not only helps to find choices, but helps a person become aware that he does have choices."

"Whenever you feel replaceable, life is meaningless. Whenever you feel that in some way you are unique, that you make a contribution, then life is meaningful."

work in logotherapy this Friday at 8 p.m. at the Berkeley Community Theatre, Milvia and Allston. Proceeds from his speech will benefit the institute, a non-profit corporation.

"People who attend his lectures come out with a more positive feeling," Fabry said. "They come in depressed and they come out and feel there is still hope."

A self-described amateur psychologist, Fabry, 70, is more comfortable talking about Frankl than about his own involvement in logotherapy. He believes Frankl's theory on what motivates people to live is more advanced than the theories developed by Freud and Adler.

"Freud talked about the will to pleasure and Adler talked about the will to power," Fabry said. "But Frankl says that while pleasure and power are important things, ultimately the fundamental reason why people want to live is that they want to find meaning. Pleasure and power are the products."

Frankl's theory is based in three assumptions: life has meaning under all circumstances, even the most miserable ones; unconsciously, everybody wants to find meaning; and everybody has the freedom to find meaning, not necessarily by changing a meaningless situation, but by changing their attitude towards a meaningless situation.

"A meaningless situation is one which doesn't seem to serve any purpose and has no meaning," Fabry said. "If you were picked up now and put into a slave labor camp without a trial and with a good chance you'd eventually be killed, wouldn't you find that a meaningless situation?"

"Instead of asking why you were put there, people in a concentration camp could ask themselves, 'What can I do now?'"

Fabry speaks from experience. After receiving a J.D. degree from the University of Vienna, he was imprisoned in a German detention camp in late 1930s, losing his job and contact with his family.

"I must have asked myself unconsciously, is there meaning to all this," Fabry said. "I lost my family, I lost my job, I lost my country?"

Berkeley, where he is a member.

"I wanted to know more about his work because his book applied so much to my own life," Fabry said.

Later in 1963, the two crossed paths after a lecture Frankl delivered at UC-Berkeley. Upon his return to Vienna, Frankl sent Fabry 20 of his books, all in German.

"My impression of Dr. Frankl is that he is a genius of a man who has done something which needs to be spread," Fabry said.

"After reading the material, I felt that a book had to be written on the essence of his ideas that people could understand."

"Most of his books are not translated. Even in German, his books are either medical or very philosophical."

Fabry began to accompany Frankl on his annual speaking engagements in Northern California and even visited the father of logotherapy in Vienna in 1965 and 1967. It was during his second visit that Fabry decided to write a book on logotherapy.

"Pursuit of Meaning" was published in 1968 by Beacon Press of Boston. Fabry began lecturing on logotherapy throughout the United States, Canada and Europe.

"I got more and more drawn into it and eventually developed workshops for small groups," Fabry said.

The institute, which was founded in 1977, is the most advanced of its kind in the world, according to Fabry. One of its functions is to train professionals like ministers, teachers, counselors and psychologists to apply logotherapy in their own work. Fabry will conduct his next professional workshop between Jan. 11-13, 1980 at the First Unitarian Church, 1 Lawson Road, Berkeley.

Fabry has trained about 60 professionals, some of whom have started their own logotherapy workshops throughout the Bay Area.

"I need to train people who can take my place," Fabry said.

His therapeutic workshops are usually attended by three types of people: young people who don't know what to do with their lives; middle-aged people who find that their jobs are getting stale and their families are becoming distant; and older people who

strengths, something Frankl will address in his speech. "The Defiant Power of the Human Spirit."

Tickets, which are \$6 each, can be obtained at BASS outlets or by calling 835-4342. Ticketholders also may attend a logotherapy workshop at the Berkeley Adult School, 1950 Carleton St., on Saturday at 10 a.m.

The institute also publishes the International Forum for Logotherapy, a twice-a-year periodical dealing with the latest logotherapy trends.

This year, Fabry edited "Logotherapy in Action," a collection of 27 essays by professionals who used logotherapy in their work. The book was the July selection of the month of the Psychotherapy and Social Science Book Club of New York.

The rights to "Pursuit of Meaning" have been taken over by Harper & Row of New York, who plan to come out with a revised paperback next February.

Besides working on its revisions, Fabry teaches classes on logotherapy at the University of California Extension in Berkeley and John F. Kennedy University in Orinda.

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Frankl's theory is based in three assumptions: life has meaning under all circumstances, even the most miserable ones; unconsciously, everybody wants to find meaning; and everybody has the freedom to find meaning, not necessarily by changing a meaningless situation, but by changing their attitude towards a meaningless situation.

"A meaningless situation is one which doesn't seem to serve any purpose and has no meaning," Fabry said. "If you were picked up now and put into a slave labor camp without a trial and with a good chance you'd eventually be killed, wouldn't you find that a meaningless situation?"

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Senior scribes praise writing class

By ROBERTA
ALEXANDER

"Since I've been writing all the time, I feel better. I feel better about myself. I think I'm a more valuable person."

Writers, like the one quoted above, by definition, work in isolation, mucking about in their own heads. And writers, like seeds tossed carelessly from a car window onto the highway shoulder, sometimes bloom in unexpected places.

The Albany Senior Center is one of those places. For the past two and half years, Marcy Alancraig has been teaching creative writing there, and the class has grown so large that it had to be split into two sections.

It began for Ms. Alancraig, 25, with CETA funding, and when the CETA money ran out, the program was picked up by Vista College. She credits Mark Greenside, head of the gerontology program at Vista, with helping to keep the class alive.

Ms. Alancraig loves teaching adults, particularly older adults.

"A lot of my struggle with them (at first) was to convince them that I wanted to hear what they had to say," she said.

"They make me appreciate how little experience I've had," Ms. Alancraig continued. "I've taught kids too. And university students are trying to figure out who they are."

"I like this group. These people already know who they are... and some of them just take off."

Her classes have only two rules: don't apologize for what you have written, and do not make destructive criticism.

"Beginning writers need a lot of support," she said. "Later, when they have more skill, they begin to ask for more criticism."

She encourages an attitude of support among her students. When one woman had to attend the other class section, she was at first reluctant to read before people she didn't know well.

"And someone else told her, 'we're all family,'" Ms. Alancraig reported.

The course includes reading several short stories, chosen because they demonstrate good ways to handle description, or plot, or dialogue.

But most of the class is devoted to writing. "The assignments are just jumping off places," Ms. Alancraig said. A couple of her students are working on novels, she added, and so they will share a page or two from whatever chapter they are working on.

In a recent class, the assignment was to pretend that you were a painter and describe a scene, incorporating two of these characteristics: bored, disgruntled, whimsical, contented, nurturing, suspicious, self-deluding, exuberant.

The results were as diverse as the class. Most of the students were women, but not all were senior citizens. Each read in turn, and provocative images hung in the air: "as disgusting as a cup of boiled coffee with whipping cream," "wrapped in sweaters of cumulous clouds," "the lip of the cliff."

Class members exhibited considerable support for each other's work, and criticism appeared to be accepted in a professional way.

One of the class members



Marcy Alancraig

read a draft of a story that "just had to come out." It was a powerful, but rough scene, and she asked the group for suggestions.

The others commented on the motivations of the characters in the story, what might happen next, and other issues raised by the story. Even a visiting newspaper reporter chimed in with a suggestion.

Of course, how much outside help and support artists can use depends on their own development and project.

Ms. Alancraig is a strong believer in writers' groups, which is what, in essence, her class is. She belonged to a writer's group in Santa Cruz, where she still returns to teach writing each summer.

She considers the support of fellow writers to be of inestimable value. But now, as her thesis project for her

master's degree at Antioch College West in San Francisco, she is writing a novel. Often she doesn't want to share that material; even though it is written, it is still being worked on and is too fragile to be exposed to outside influences.

That is not yet a problem for Ms. Alancraig's class, which is officially called "Reading and writing short stories."

Since the semester began, class members have written about their coldest experience (during the heat wave), a portrait of someone who was important to them but that they didn't realize at the time, and a description of someone who would drive a particular kind of car.

Ms. Alancraig has a long list of imaginative assignments to get her class thinking, feeling, imagining—but most of all, writing, in creative ways.

Happy birthday to senior center

EL CERRITO — Christ Lutheran Senior Center celebrates its fifth anniversary Monday, Nov. 5 with a special salad bar luncheon at noon at the center, 780 Ashbury near Stockton in El Cerrito. There will be table decorations made by the class taught by Goldie Hulen and Regina Sholtz and a birthday cake baked and decorated by Cindy Fosselius.

The kitchen staff headed by Billie Morgan and assisted by Pearl Myers, Hester Savage and Jean Slind will serve the luncheon. After lunch there will be selections from "New Faces on Broadway" by members of El Cerrito High School vocal ensemble.

The center will be open at 9 a.m. as usual that day.

The center, jointly sponsored by Christ Lutheran Church and Richmond Adult Education and helped by the City of El Cerrito with a \$1000 gift in 1974 to buy the major craft equipment, is available to everyone 60 and over.

It is open every Monday from 9 a.m. until 2 p.m. with a program of crafts, low cost lunch, outside speakers, group singing, sit-down exercises and folk dancing all taught by volunteer teachers.

Crafts include table decorating and pressed flower stationery taught by Goldie Hulen and Regina Sholtz; macrame taught by Anita Antonia, Rose Hansen and Maxine Haynes; copper-enamel jewelry taught by Verna Wegner; ceramics taught by Elaine Parker.

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ARTS

Choir Performance

The Albany Middle School Choir will present a concert Tuesday, Nov. 6, 7:30-8:15 p.m. at the Albany Middle School Library. The concert is informal, with just the choir performing. This is the first performance for the newly-formed choir.

'Yum-Yum Tree'

P.A.C.'s Center Stage Theatre presents "Under the Yum-Yum Tree," at Wesley Hall, 3637 Magee, Oakland, through Nov. 17. Curtain time is 8:30 p.m. For more information call the box office at 895-8945.

Guys and Dolls

Contra Costa Civic Theatre opens its twenty-first season with "Guys and Dolls," playing until Dec. 15. Contra Costa Civic Theatre is at 951 Pomona Ave., El Cerrito. For reservations, call 524-9132.

Christmas Sale

A Christmas sale of paintings, sculpture and miniature paintings for your tree by artists from Creative Growth will be held at the Creative Growth Gallery, 2501 Broadway, Oakland, from Nov. 1-Dec. 24. Hours are weekdays, 9-6.

Organ Recital

Dr. David Britton will be the organist for a recital in the sanctuary of St. John's Presbyterian Church, 2727 College Ave., Berkeley, Nov. 4 at 4 p.m.

There will be a donation, at the door, of \$3 for adults, \$2 for students and seniors.

Chamber Music

A concert of traditional and contemporary chamber music will be presented at the University Chamber Players of California State

University-Hayward at 8:15 p.m. Friday, Nov. 2 in the University Theatre. Admission is free.

Program selections will include the suite from "L'Histoire du Soldat" by Stravinsky; "Gymel," a 1960 composition, by Nicolo Castiglioni and "Trio in B-Flat Major, Op. 99" by Schubert.

Theatromania

Northminster Presbyterian Church will present its third annual benefit program Nov. 4 at 7 p.m. It will feature Body & Soul Dance Company; The Nietos, a chanting group combining dance and drama; J. P. Phillips from the Berkeley Shakespeare Festival; and Mary Cobb Duffy's Vocal Workshop, a black spiritual choir.

Following the program there will be wine, desserts and dancing to the live music of "Jan and Jim." This benefit is for the support of a Cambodian refugee family and Northminster's World Mission. Donation \$5; \$2.50 for students and seniors. Child care is provided. Location, 454 Ashbury Ave., El Cerrito.

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The Berkeley ferry due back

BERKELEY — Friday ferry service between Berkeley and San Francisco is barely treading water with Nov. 16 the day it may go under.

In a last-gasp attempt to save the service, 110 season passes for \$20 have been sold, entitling the holder to four round trips, the same price it would cost under the ferry's \$2.50

one-way fare. After low ridership forced the city to halt daily service, the Save the Ferry committee began operating the ferry again Fridays, as it had done before an eight-week grant from the Metropolitan Transportation Commission for daily service. The fare went up to \$2.50 from \$1.50 it had cost during daily service.

Lions' check for the blind

EL CERRITO — A check for \$605 raised by local bowlers has been presented by K. R. "Quee" Prentice, president of Golden Gate Lanes bowling alley here, to the Lions' White Cane Drive to aid sightless peoples in the area.

Victor Paolini, acting president of the Richmond Lions Club, and John Gregory of the club accepted the donation. The local White Cane Days fund drive raised more than \$1,200 according to chairman Aubrey Morgan.

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CHURCH NEWS

Arlington Community

With music, poetry, cards and color slides, Denise and George Weamer will present "To Each a Season" on Friday, Nov. 2, at the Arlington Community Church, 52 Arlington Ave., Arlington. A choice of luncheon desserts and coffee will be served at 7:30 p.m., followed by the program at 8 p.m.

Just back from travel in Switzerland, Austria and Italy, the Weamers will feature in this program California's seasonal changes, from a booming waterfall in spring to the snow that comes in winter; a golden meadow changed to silent snow.

The public is welcome. A donation for the evening asked.

Unitarian-Universalists

The Rev. Paul Sawyer will present the second in a two-part series, "Fellowship to Polis," Sunday, Nov. 4, at 10:30 a.m. in the Fellowship Hall, Cedar and 15th in Berkeley.

Temple Beth Hillel

Temple Beth Hillel, 801 Mark Central, Richmond, will have a bingo game Tuesday night. Doors open 6:30 p.m., with the game starting at 7:30 p.m. There is free coffee and cookies, and other food for sale.

Thousand Oaks Baptist

Thousand Oaks Baptist Church is pleased to announce the addition of a new staff member, Larry Williams, who began his ministry as Youth Director Oct. 17. He is a student at the American Baptist Theological Seminary of the West. The young people of high school and college age are presently meeting under his direction at 9:45 a.m. on Sundays and 7:15 p.m. on Wednesdays.

Mathletes at Albany High

Score a win
ALBANY — The East Bay Mathlete League held its initial competition last week at Albany High School. Albany High not only won the meet, but won two teams took first and second place. Team members were Andrea Gan, Ulan McKnight, Ken Berling, Jane Mizutani, and Mary Lincoln for one team and Andrea Brown, Deanna Smith, Cindy Smith, Nancy Dick, and Nancy Mutialu. Hosts were Norm Smith, John DePasquale, Debbie Wate, and John Senuta. Nine high schools participated: Pinole, Fremont, Alameda, Oakland High, Alameda, San Leandro, Alameda, VISTA, Bishop Dwyer and Albany. Each team can enter one or more member teams, and each team member is given an eight-point problem, with time restriction on each problem. During the school year, schools will meet once a month for this competition. Which is new to the East Bay. Next month, the meet will be at Kennedy on Nov. 11.

The new phone number for the Times Journal is 25-2644.

LET'S TALK IT OVER

with Odd E. Haugen
The property owner who expects to sell at a price far above fair market value is living in a fool's paradise. Buyers seldom make an offer on any property until they have seen enough similar properties to have a pretty good feel for what the market value should be.

Even if you could find an uninformed buyer who simply loved your house and was willing to pay your unreasonably inflated price, the lender's appraisal might prevent the sale. Meanwhile, you might have lost opportunities to accept offers from capable buyers who had been frightened away by your too-high price.

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following the Wednesday evening potluck dinners.

The sermon on Communion Sunday, Nov. 4, will be "Whose Builder and Maker is God," based on Hebrews 11:8-10, John Skoglund, Interim Pastor, preaching.

The Men's Fellowship will hold its monthly breakfast meeting this coming Saturday, Nov. 3, at 8 a.m. The American Baptist Women will meet on Thursday, Nov. 1 at 10 a.m.

Northbrae Community

The Wednesday Community Dinner on Oct. 31 will feature a program on "Aegean Odyssey," by John B. Azer. The Nov. 7 program will be "Off the Beaten Track in Morocco and Tunisia."

On Sunday, Nov. 4, Rev. Sugraker will do the worship service at 11 a.m. At 9:30 a.m. there will be a discussion of ballot issues with the League of Women Voters.

World Community Day

"Causeway: This Community, U.S.A." is the theme for this year's observance of World Community Day by Church Women United in Berkeley-Albany, Friday, Nov. 2. It will start at 6:30 p.m. with a potluck dinner at Northbrae Community Church, 941 The Alameda. All interested women are invited to attend.

The speaker for the program will be Rev. Dwight Webster, Baptist minister from New York, who is a doctoral candidate at the Graduate Theological Union in Berkeley and who has had experience in inner city counseling and black student union. The service of worship is being prepared under the direction of Ruby Harmon and Elizabeth Reed, co-chairmen.

St. Alban's Episcopal

On Wednesday, Oct. 31, the Rev. Warren Debenham, rector, will celebrate Holy Communion at 11:30.

On Sunday, Nov. 4, All Saints Sunday, Father Debenham will preach at 8 and 10 a.m.; his sermon theme will be "Branded by God." He will be the celebrant of Holy Communion and will be assisted by the Rev. Robert Wilson, the Rev. David Stone and Nabil Jacob, lay reader. The Senior Choir, directed by Rita Dows, organist and choirmaster, will sing the offertory anthem. The ushers will be George Coons and R. L. Spurrier. There will be a coffee hour following the 10 a.m. service.

St. Alban's Episcopal Church

will be at 1501 Washington Ave.

North Church Bazaar

The Annual Fall Bazaar of North Congregational Church will be held Saturday, Nov. 3, from 10 a.m. to 4 p.m. at the church, Cedar and Walnut Streets, Berkeley.

The "Kitchen Korner" will have home baked bread, cookies and cakes, along with an assortment of aprons, dish towels and cook books. There will be new varieties of jams and jellies and homemade candies; and produce, including dried apricots from Yacville.

A new department this season is the "Toy Shop."

where new and reconditioned toys, games and dressed dolls for Christmas gifts will be found.

Plants, jewelry, antiques and books will round out the room of booths. "Chicken Supreme" will be featured in the luncheon, served from 11:30 a.m. to 1:30 p.m. for \$2.50. Hot coffee will be available all day at a very reasonable price.

Mrs. W. Curtis Knoll is general chairman for the event.

Evangelical Free

Rev. David D. Brooks of the Evangelical Free Church of El Cerrito is beginning a new series of messages relating to the family. The message for Nov. 4 will be "Loving Your Child." Music will be provided by the sanctuary choir and organist Mrs. Donna Brooks, playing the beautiful Allen Digital Computer Organ. The worship service begins at 11 a.m. with Sunday School at 9:30 a.m.

The church is located at

7200 Schmidt Lane, El Cerrito.

Albany United Methodist Church

On Sunday, Nov. 4, services will be held at 11 a.m. at the Albany United Methodist Church, 980 Stannage. It is communion Sunday and the Rev. Dr. Peter Ann will speak on "Invitation or Challenge?" The worship leader will be Lillian Henry.

Sunday School will be at 10 a.m.; Bible study will be Tuesday at 11 a.m. and Wednesday at 7:30 p.m. Choir rehearsal will be at 7:30 on Thursday.

Child care will be provided during the morning church services each Sunday.

First Baptist Church

Nov. 4 there will be a special service of dedication at 11 a.m. Pastor Larry Campbell will lead the congregation in a litany of dedication and in the celebration of the Lord's Supper. Dr. Robert R. Rasmussen,

Executive Minister of the American Baptist Churches of the West, will be the guest speaker for this service. Nursery care will be available.

Sunday school classes for children, youth and adults are held at 9:30 a.m.

The congregation is joining with several others in the North East Bay to sponsor a Singspiration at the Pinole Valley Baptist Church at 7 p.m. Nov. 4.

The mid-week hours of prayer and Bible study are held on Wednesday at 10:30 a.m. and 7 p.m. The Youth Study is held at 6:45 p.m. on alternate Wednesdays.

Sycamore Church Sycamore Congrega-

tional Church, United Church of Christ, 1111 Navellier St., El Cerrito, will celebrate its 75th anniversary on Sunday, Nov. 4, with an all-day program, starting with a Service of Thanksgiving at 10:30 a.m. led by the church's two ministers — The Rev. Dr. Warren Lee, interim minister, and The Rev. Toshiyuki Kuwabara, Japanese minister. According to Elko Katayama, chairperson of the celebration, a special 75th anniversary service will be held at 3 p.m., and a banquet is scheduled for 4:30 p.m.

In commemoration of the anniversary, monetary gifts have been given to the newly established First

Filipino-American UCC Church of San Bruno and the Japanese-American Christian Center, an ecumenical program serving the Japanese newcomers. Speakers will be Rev. Erasto Arenas of the First Filipino-American UCC

Church and The Rev. Nobuaki Hanaoka, minister of the Pine Methodist Church of San Francisco and president of the board for the Japanese-American Christian Center. Entertainment will include special koto music.

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Guitar class

Starting Wednesday, Nov. 7 at 1 p.m., The Open House, El Cerrito's Senior Drop-In Center, will be offering guitar instruction for senior citizens. Instruction will be given by Rob Waxman, co-director of The Open House. Beginning and intermediate students interested in flatpicking (fingerpicking will not be taught) are invited to attend. Any person wishing to attend should own a guitar or be willing to purchase or rent one.

Yoga class

Hatha Yoga classes will begin a new session on Nov. 5, and meet every Monday through Dec. 17, at the Berkeley Central YMCA. A continuing level class meets 10:45 a.m.-12:15, followed by a beginning class 12:30-1:30 p.m. The entire session costs \$18 for YMCA members and \$25 for nonmembers. Anyone who is interested can drop in to one of the first two classes for \$4. For more information call the Y, 848-6800, ext. 15.

TV time

"Getting Your Act Together," a community affairs program produced by KTVU, is looking for high school students (grades 9-12) interested in participating in the taping of a TV program.

The program covers topics of interest to teenagers, such as sports as a career, information for college, and life in a divorced family. The show includes a panel discussion on the topic, and a question and answer period.

Students interested in participating in this program should meet at the KTVU studios, No. 1 Jack London Square, on Nov. 1 at 4:45 promptly. The

November show airs on Saturday, Nov. 3 at 11 a.m.

Further information about the program is available by calling Jan Vivo at KTVU, 834-2000, or Albany High students D. Thomsen and J. Schuyler, 527-2449.

Health services

Free testing for sickle cell, blood pressures and common anemia will be offered Friday, Nov. 9, from 10 a.m.-2 p.m. at the Laney College Mall. The services are free and open to the public.

Meditation Center

A Siddha Yoga Meditation Center in Albany meets Wednesdays at 7:15 p.m. at 809 Washington Ave. Siddha Yoga is based on the teachings of Swami Muktananda. All are welcome. There is no charge. For information call 527-0270.

ECBS reunion

El Cerrito High School's graduating class of 1969, is having its 10-year reunion on Nov. 3 at Hs Lordships Restaurant on the Berkeley Marina. Cocktail hour will be at 6:30 with dinner being served at 8. The contribution for the dinner-dance is \$16 per person.

Those wishing to attend should forward their contribution, with their current address, and name to Viki Kubokawa, 917 Hough Ave. No. 9, Lafayette, Ca. 94549. For further information call Malcolm Sproul between 6 p.m. and 8 p.m. at 841-3086.

Arthritis class

The Open House of El Cerrito and Stanford Arthritis Center are co-sponsoring a six week, "arthritis self-management course," scheduled to begin Nov. 6. The class will meet every Tuesday for two

hours, 12:45-2:45 p.m. at The Open House, 6510 Stockton Ave. (behind the library).

Interested persons can obtain an application form by calling 234-7447, El Cerrito Senior Services. There will be a \$4 fee to cover the cost of the class manual. Oct. 26 is the deadline for filing applications.

'Bread Basket' course

You can learn how to make "bread" plates, artificial cookies, candies, Christmas tree ornaments and dozens of creative holiday gift items in Albany Adult's "Art Dough Sculpture" course. The class will meet on three consecutive Saturday mornings from 9 to noon, starting Nov. 3, in Room 8 at MacGregor School (corner of San Gabriel and Brighton Avenues). The tuition is \$10. Call 526-6811 for enrollment information and a list of supplies to be brought to the first class meeting.

Fellowship of Humanity

Judge Dawn B. Girard of the Municipal Court of the Berkeley-Albany Judicial District will speak at the Fellowship of Humanity, 411 28th St., Oakland on Sunday, Nov. 4 at 11 a.m.

Young People's Corner

On Wednesday, Oct. 31, KPFA radio (94.1 FM) will air "Young People's Corner," beginning at noon. It will include a live discussion of children's books, featuring Albany Library staff member Starr Parkhurst and several members of the Junior Critics, a group of junior high patrons

who meet regularly to review and discuss new books at the library. Speaking for the group will be Jennifer Pong, James Grandy, Heather Muir, and Rebecca Salsbury.

Veterans assistance

The Veterans Assistance Center in Berkeley is urging all veterans who received undesirable discharges (now "Discharges Under Other Than Honorable Conditions") prior to 1964 to apply to the Department of Defense for a discharge review. Normally there is a 15 year time limit in which such applications must be made. However, due to a one-time change in the Federal regulations, persons who received an undesirable discharge more than 15 years ago can now apply for a discharge review. The deadline for applying is January, 1980.

For free assistance in applying for a discharge review, call the Veterans Assistance Center at 849-2144 or visit the office at 1027 University Ave. in Berkeley.

Physical fitness

Physical fitness for senior citizens is taught at the El Cerrito Center for older adults, The Open House. This class is offered (for an optional 50 cent donation) every Tuesday and Thursday morning at 10 a.m.

Ed Taaffe, a physical fitness instructor specializing in work with older adults, has been leading the group since August. The class is for all levels of ability. For more information phone 234-7447.

I-PRIDE

I-PRIDE, Interracial People for Racial Identity

In Education, will conduct an informational workshop on issues facing multiracial families, Nov. 14, 8 p.m., Old City Hall, Berkeley.

Senior trip

Albany Seniors trip to South Shore and Carson City has been changed to Nov. 25 and 26. Please call 644-8500 for reservations.

Flu shots

Persons 55 years of age and older can get a free flu shot on Friday, Nov. 2, 1:30 p.m. at the El Cerrito Community Center, 7007 Moeser Lane.

Breastfeeding group

A black women's breastfeeding support group will have its opening meeting Monday, Nov. 5 at 7 p.m. The focus of the group will include nutrition,

child development, natal care and referrals to other agencies. Interested women should contact Boda at 526-0110 or Salsbury at 233-3397.

Family companions

The Family Companions Program matches Bay families and older individuals or couples for family sharing at home. There will be a introductory orientation session Tuesday, Nov. 7:30 p.m. in the Bay Child Care office at Telegraph Ave. in Oakland. For more information call 273-3080.

Harrah's trip

A trip to Harrah's Hotel has been scheduled by the El Cerrito City Center, Dec. 19. The price for El Cerrito residents is \$44, and begins Nov. 19.

PARKS AND RECREATION

Cake Decorating

The Albany Park & Recreation Department announces a new cake decorating class to be held at Albany Senior Center, 846 Masonic Ave., starting Wednesday, Nov. 7. It is a six week session, 7-9 p.m. Class instructor Ethel Haloz has had extensive experience in teaching and conducting workshops for cake decorating.

Fee is \$13 for Park residents and \$15 for non-residents.

Sign-up at the Albany Park & Recreation Department, 1000 San Pablo Ave., or call 644-8514 for further information.

Yoga Class

New continue yoga session for six weeks will be held at the Albany Community Center, 1123-8th St., Albany on Fridays from 7:30-9 p.m.

Yoga builds an inner strength that can help you cope with stress and strain and promote proper breathing for health and beauty. Class fee is \$16.50 for one and a half hour class—six week session.

Instructor Oleta Berger has had extensive training in yoga, nutrition and psychotherapy.

A.R.D. Club

A special program for children six through 10 years, Monday through Friday, 2-6 p.m. at Memorial Park Clubhouse, 1375 Portland Ave., Albany. Scheduled activities will be art & crafts, cooking, athletic games, record and story time and excursions. Cost will be \$41 per month from 2-6 p.m., and \$36 per month from 3-6 p.m. Instructors are Tanna Funes and David Morales. Sign up at the Albany Park & Recreation Department.

Local home repair program helping older homeowners

ALBANY — The Albany Minor Home Repair Program is entering its second year of operation.

Administered by Retirement Jobs Incorporated, it serves mainly, but not exclusively, Albany's senior citizens. Over 200 jobs have been completed to date.

Those who qualify for assistance under the program must live in the City of Albany, live in their own homes, and have a household income of \$1,100 or less per month.

Minor home repairs of

Jazzercise Classes

Monthly Jazzercise classes will start Nov. 5 on Mondays and Wednesdays at Community Center, 1123-8th St., Albany. Morning classes will be 10-10:45 a.m. and evening classes will be held 7:30-8:15 p.m. Balance, coordination, flexibility, muscle tone, stamina and posture are the areas which Jazzercise concentrates. Fee is \$15 per month, instructor is Marnie Marks. Call 644-8514 for further information.

Dog Obedience

Beginning dog obedience class will be held starting Nov. 3 on Saturdays, eight week session at the Albany Community Center, 1123-8th St., Albany. Class time: 9-10 a.m., instructor Mary Culley.

Animals must be at least three months old and have a choke chain collar and a six-foot leather leash and have all their shots. Fee for the eight week session is \$16. Call 644-8514 for further information.

Special Classes

The Albany Park & Recreation announces openings in the following special classes: creative puppetry classes on Wednesdays, for children 4-10 years of age, 2-3 p.m. and 3:30-4:30 p.m. for the older group. Francis Baruch is instructor.

Baton classes are held on Thursdays, 3:15-4 p.m. at the Marin multi-purpose room, 1001 Santa Fe Ave. Learn to twirl and basic dance steps for parades and marching corps units. Instructor is Sandi Rios. Fee: \$14 for eight week session.

Calligraphy classes will be offered subject to sign-ups at the Albany Park & Recreation Department, 1000 San Pablo Ave., or call 644-8514.

formed; and the work is done by skilled or semi-skilled workers who are, in most cases, senior or retired craftsmen.

The homeowner purchases any materials used, after consulting with the worker. The homeowner, or client, will contribute a portion or all of the worker's wages, depending on the amount of household income. This will be determined at the beginning of the job. The balance will be funded through the City of Albany's Housing Conservation Program.

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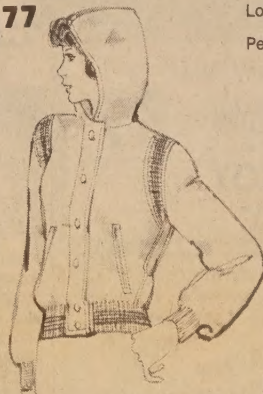
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YMCA has openings in child care group

ALBANY — There will be openings in the Y's Kids Club, Albany YMCA's after-school child care program, beginning this week, according to Peggy Donovan, program director.

The Y's Kids Club operates every school day afternoons from 1:50 to 5:30 p.m. The outdoor games are held at Cornell Elementary School until 4 p.m., when the group is escorted to the Albany Y for indoor activities, ranging from arts and crafts, time, games, homework time, stories and movies.

On Fridays, the group meets at the Albany Pool. In its second year of operation, the YMCA program

offers a high-quality child care program at an average charge of about 75¢ per hour. The staff to student ratio is 1:6, with staff members college students assisted by high school aides. Monthly fees range from \$24 per month for two days weekly to \$60 per month for five days per week.

For further information on the YMCA's Y's Kids Club or other after-school activities, call or visit the Albany YMCA at 921 Kains Avenue, 525-4447.

The new phone number for the Times Journal is 525-2644.



EDIBLE PAINTINGS — Peter Goldman, left, Antonio Hallinan, and Carolyn Finnegan do chocolate painting at the YMCA.

Carolyn Finnegan do chocolate painting at the YMCA.

Albany woman works for Peace Corps in Honduras

ALBANY — Tanya L. Phillips, 36, of Cerrito street, a 1971 biology graduate of the University of California, Berkeley, is a Peace Corps volunteer in Honduras. She is serving as a plant disease survey and detection assistant in orange and coffee groves around the town of Danli. She and her Honduran co-workers are trying to help farmers raise more and better quality crops by stemming the tide of insect pests.

"I have been working with the Mediterranean fruit fly or medfly group and we spend our days changing fly traps used for

detection and intensity of infestation, burying fallen oranges and fumigating orange and coffee trees," she reports. "I am trying to determine the boundaries of the medfly and to organize data in a way that it is useable."

She also plans to gather insect pests for a national collection and investigate the uses and abuses of pesticides.

Ms. Phillips says that she has more formal education than most of her co-workers, but being a city person, she admits that they have more experience in the field. "However, since I am more accus-

tomed to learning a lot quickly, I am able to see better ways of doing things rather rapidly," she notes.

"I work only with men and spend my days in the field, at times hiking into areas not easily accessible by vehicle," she continues. "They are very kind and have accepted me, however, making changes is very difficult. I think, because people here are accustomed to doing things one way and do not want to change."

Ms. Phillips feels very comfortable with her co-workers and claims that they have been patient with her "bumbling Spanish. Sometimes I feel that they don't know what to do with me or how to use my talents and in some cases I may make a change in the customs here, not because they want them," she maintains.

Her frustrations and doubts about her effectiveness have been alleviated by her Honduran counterpart, Mario Ventura, with whom she has shared a close working relationship. "We have spent many long and sometimes difficult days together, especially when we spent three and a half weeks working in a small pueblo called Guinope, working all hours of the day and night with the orange quarantine there," she recalls, pointing out that the oranges were infested with medfly and they were trying to prevent them from spreading.

"I have come to respect him very much and I get a lot of personal satisfaction exchanging ideas with him," she says. "When I got depressed because it seemed I could do nothing, he was right there with a pep talk and it changed my mood."

Initially, Ms. Phillips had problems communicating with the Hondurans. She had no knowledge of Spanish, the national language, before her 10-week Peace Corps training and felt that "almost all of my frustrations stem from not knowing the language better, though I'm improving all the time."

She has had some amusing experiences trying to communicate. "I once wanted, so I said, 'Estoy embarazada,' which means, 'I'm pregnant,'" she relates. "Early when I was riding with another agronomist, who was rather lecherous, I told him, 'no tengo hombre,' instead of, 'no tengo hambre.' The former means, 'I don't want a man,' when I wanted to say that I'm not hungry."

Ms. Phillips shares a house with another Peace Corps volunteer which she describes as "quite comfortable" with water and electricity. They have a large yard and plan to plant a vegetable garden.

"Vegetables are hard to come by here and are expensive," she reports. "The food here is corn tortillas, beans, rice, fried bananas, meat or eggs and sometimes a little cabbage salad, and this is eaten daily. Somehow, I'm not tired of this food and have become very fond of beans."

"We are paid 'subsistence' (allowances) and we have very little furniture. It will take months to get all we need, although we are not living under any hardship."

Because it is situated in the mountains approximately 50 miles from the capital, Tegucigalpa, the climate in her town is cool much of the year, reminding Ms. Phillips of her home in the San Francisco Bay area. Seasons are characterized by changes in rainfall rather than by large fluctuations in temperature.

"It is now the dry season, which is not like that in California where the hills are gold. The hills here are brown and the fields are being burned to prepare for planting in another month," she describes.

"The sky is smokey constantly and the sun is red. I'm really looking forward to the rainy season which starts next month."

Ms. Phillips taught science at Piedmont Junior High School in Piedmont for five years before joining the Peace Corps and she misses the classroom. She hopes to get involved in activities and perhaps schools for girls.

The daughter of Sonoma, Calif., Ms. Phillips will complete two years in the Peace Corps in October. She is one of about 200 Peace Corps volunteers serving in agriculture, education, health and conservation programs in Honduras. Around the world, more than 6,000 Peace Corps volunteers serve in 60 developing countries.

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Achieving new goals with help of WST

By BARBARA ERICKSON

Just over a year ago Anna Rabkin joined Women's Success Teams, Inc. hoping to find a new direction for her life.

"I was trying to decide what to do after Loni (former Berkeley council member Ilona Hancock) left the council," said Ms. Rabkin who had been administrative assistant to the councilwoman. "I was deciding," she said with a laugh, "what to do for the rest of my life."

Within seven months she had a new career. She had won an election for Berkeley City Auditor, and her success was so rapid and visible Women's Success Teams gave her its Achievement Award last spring.

But Ms. Rabkin's story is not a singular one for WST, a network of women helping women set up three years ago in New York by psychologist Barbara Scher. Other women have made goals and achieved them with the help of WST, and one of these is El Cerrito resident Mina Edelston.

Ms. Edelston, 31, went to a WST seminar in February because, she said, "I was looking for contacts. I felt I needed to enlarge the circle of people for a new career. I felt like I was living in a desert."

She had a degree in psychology from UC-Berkeley, and she was working at a clerical job she hated.

"I was thinking about science and engineering," she said, when she attended a National Business Women's conference and saw a WST booth there. The contact came at the right time for her, and she signed up for a seminar.

It was a weekend at the Zen Center in San Francisco. "I remember spending the whole weekend terrified," she said, "because it was a big step, a big commitment."

The women spend time brainstorming at the seminars, telling each other what their fantasies of success are, and among the group they find support and specific advice.

At the seminar the women break into smaller teams which continue to meet for at least three months after the weekend. They set each other specific tasks to attain their goals and give constant encouragement.

"It was so uncanny," Ms. Edelston said, "the right people are there." She found a woman who could help her prepare for an entrance exam to a Mills College program for women in engineering.

"She helped me know how to study," Ms. Edelston said, "how to organize materials. So I passed and got in the program. All was on schedule."

But it was not simple and not without anxiety. "The biggest step was to open up the workbook for the exam. I had had it sitting around for weeks, months. After the weekend I had enough confidence to do it."

Once she passed the exam Ms. Edelston had achieved her first step and she changed teams. She had to get financial aid for the five year program, but though the team encouraged her, the college did not give her money.

Now she is looking into a career in alternative energy. She is researching what kinds of jobs are available, in case she makes the change, but at the same time she is reapplying for financial aid.

Ms. Rabkin, 43, also found the connections she needed at the seminar and in her team. She knew, from the time she signed up, that she wanted to work in policy making of some kind, and later this meant running for election.

"In my group there was a coincidence that amazed me," she said. "There was a woman from San Francisco whose husband had been involved in a campaign. She told me what to look out for."

"And a couple of women in the team were in high



Anna Rabkin found a new direction to her life

positions in the federal government, and they can tell how to live in this kind of job."

Ms. Rabkin earned an MA in city and regional planning from UC-Berkeley two years ago, with a special program evaluation. This prepared her well for auditing position, but even though she had the skills for the job, she said, "I needed people to support me."

In the team she found this, and she says several mentors in the WST approach helped her win her goal.

"Most important is the ability for people to articulate what their goal is," she said. "People subconsciously know what their goal is, but they are afraid to say it loud because they might fail."

"And the fact that the people with you are strangers is very important in the whole process. They don't have the preconceptions about you that family and friends have. And you can't choose the people, so you find yourself meeting women you would never have met otherwise."

When the time for filing for election approached, Rabkin told her team that friends had been urging her to run. Her team asked her why not? So she tried and won.

"They will do everything in their power to help achieve your goal," she said.

"For me," she added, "the whole idea of helping each other is important. Here is a vehicle where women who still feel somewhat nervous about the concept of women helping each other. Many need support and don't have it. Families used to do this most are scattered. WST is kind of in loco parentis."

Any women who are looking for this kind of support, she said, should attend a WST open house. They are held on a regular basis. For information call the West, 391-5811 or write to 50 Ashbury Terr., San Francisco, Ca. 94117.



UP IN THE AIR — Using their imaginations, an old board and a mound of dirt, some youngsters at Albany Middle School find a new way to entertain themselves during a lunch break.

bany Middle School find a new way to entertain themselves during a lunch break.

Author-mother says child custody should be shared

By STEVE KANIGHER

THOUSAND OAKS — A formerly divorced mother of two who wrote a book on how child custody can be shared between parents told a group of divorced fathers at the Northbrae Community Church, 941 The Alameda, last week that a new California law which goes into effect in January will encourage joint custody.

Persia Woolley, author of "The Custody Handbook," informed members of Equal Rights For Fathers, a non-profit group with 350 Bay Area members, that the new law is the most progressive child custody law in the country.

Ironically, AB 1480, for which she lobbied, was signed into law by Gov. Edmund Brown, Jr., on

on which parent is going to be willing to allow the children to have a natural relationship."

A Bay Area native, Ms. Woolley dropped her architecture studies at UC-Berkeley to marry in 1956. Two years later, she divorced her husband and was granted sole custody of their two children.

In 1968, she had some disciplinary problems with her 10-year-old son, Christopher, and he moved in with his father. Her daughter, Natasha, 11, moved in with her father in 1969 because she wanted to be with her brother. But she returned to her mother for good in 1970 and her brother followed a year later.

In 1973, Ms. Woolley took her ex-husband to court in an attempt to get an in-

children alone.

"I began to recognize that there was a whole other side to divorce and single parenting that I as a single mother had absolutely no concept of," Ms. Woolley said. "I had an ex-husband and I didn't want to hear his side of the story. I didn't care and I specifically wasn't going to listen."

"I was hearing dozens of men talking about the same kind of pain, the same kind of fears or the same kind of problems and I was thinking I wish their ex-wives could hear them. I said to myself, I wish he could see what her problems are raising the children alone and that she could understand his pain and grief and troubles."

With an advance from Summit Books, a division of Simon & Schuster of New York, Ms. Woolley set out in January of 1977 to gather material for "The Custody Handbook" in an attempt to bridge this communication gap.

She conducted numerous personal and written interviews with divorced parents, children, judges, attorneys and just about anybody else involved in divorce matters. She also pursued law reviews and professional journals.

"If you look at all the psychological research that has been done on children of divorced parents, over and over again they all come out saying the child who has the most contact with both parents is the one who adjusts best to the divorce," she said.

Ms. Woolley said sole custody, especially when it is granted to the mother, leads to tensions that would be removed under joint custody.

"She resents highly that he plays Disneyland dad or Prince Charming when he takes the children out to a recreational place while she stays home and sorts out the laundry," Ms. Woolley said. "On the other hand, he feels as though he's become a Disneyland daddy and that it's an empty relationship. He has to buy the children's time and affection, he doesn't have a place to have them under normal everyday circumstances and con-



Persia Woolley

sequently he feels hollow and empty.

"She is trying to take over running a family, basically doing a man's job, and very often feels strung out. It seems to her that her ex is coming in there and either he's late with the check, he doesn't pick up the kids when he says he's

going to, he doesn't bring them back when he says he's going to. Anything that isn't exactly as she understood what the judge said to be, is just going to threaten to have her whole world collapse."

About 35 percent of the children involved in divorce cases live with both parents

on a regular basis at some point in their lives, according to Ms. Woolley.

"Shared custody doesn't mean you'll never have difficulty with your ex but sole custody doesn't mean that you can't share either," she said.

Ms. Woolley described a variety of sharing methods

which she discovered in her research. Among them is a long-term, open-ended arrangement, such as the one she experienced with her own children.

A short-term turn-around situation is suitable for parents living within the same school district, she said. This may involve alternating every week, every month or every six months.

Ms. Woolley said that in the case of an infant, it is advantageous to alternate daily so that he or she has a more lasting memory of both parents.

"If you have a couple of months with one parent and then a shift to a couple of months with the other, the infant may well lose contact with the parent who isn't the custodial parent," she said.

Another situation is free access, where the children can wander back and forth between parents at will.

"You have to have a lot of good communication to make that one work, though," Ms. Woolley said. "There's nothing worse than having two parents each thinking the other knows where the kids are and the kids have vanished in-between."

Sharing could also be accomplished through splitting the kids up so that each parent has a child to care for.

"The child who is sent to the other parent may not like that parent, I don't say that it's going to be peaches and cream and rosy and all," Ms. Woolley said. "At least the child's reaction is for real in relationship to that parent and not a question of the anger and bitterness projected by the other parent."

The last arrangement she discussed is "bird's nest," where the children stay in one place and the parents take turns coming and going like birds. It helps the parents adjust to being single but Ms. Woolley said it creates more problems than it solves.

"Usually, because there's not enough money to go around, they get a bachelor's apartment and whoever's not at home is in

that apartment," she said. "After awhile, though, gets to be a problem because territorial pretenses come up, parties if you're thinking about marriage. How do you claim to your spouse every week, you're mad in and out with your ex?"

Of all the sharing situations Ms. Woolley favored, this was perhaps the wildest.

"This kid and I are talking and she said, 'On Monday and Tuesday we live with mom at her house and on Wednesday and Thursday we live with dad at his house and on Friday, Saturday and Sunday they alternate staying with us at our house. We've been doing this for three years now.'"

The hard-bound book which retails for \$4.95 deals not only with the advantages of sharing today, but with the view of custody, the process itself, how to establish family priorities, to find and deal with the current law and how the court works.

"In the beginning book I tell the reader a pen or light marker on the margins, rather the pages, underlining things that is applicable to you, not to anything you think your ex is through," Ms. Woolley said. "Make a notation of hopes and your fears, concerns and now you can go back and then give the book to your ex."

"Encourage them the exact same thing, different colored pen. When you read it, you'll see what she's out, and you'll see her fears are. I built it used as a communication tool."

Chinese folklore

In Chinese folklore, a small mirror is carried for protection because they are frightened at the sight of their own faces.

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LOCAL NEWSMAKERS

Over the summer members of the Albany High Band played up a storm. Diana Buchanan and John Yi attended the Mendocino Music Camp, where John

was soloist with the jazz band; Paul Yi served as concertmaster for the S.F. Schools summer orchestra at Lowell High School; Peter Rios was trumpet

soloist with the Albany Schools' summer jazz band; Liz Comte was a student assistant at Cazadero Music Camp.

Young, Darla Scott Fletcher, daughter of Jesse and Tasha Fletcher of Albany, has been named a California finalist in the Baby Miss America Pageant. The state contest will be held in November in

San Francisco.

In addition to the off center Log Cabin Quilts being shown at Patience Corners from Roberta Horton's Adult Education Classes, there is a Raffle Quilt, Log Cabin "Barn Raising" design, which was made by nine members of Church Women United and East Bay Heritage Quilters. The drawing for this will

be on Thursday, Dec. 6, at 3 p.m. in the lounge of the Graduate Theological Union, 2465 LeConte Ave., Berkeley, and is for the benefit of the GTU guild scholarship fund. Tickets are 50 cents each and may be obtained by calling 526-8955

Sindri Anderson of El Cerrito will play the part of Paula in the University of Iowa Theatre's production

of "Distilling Spirits," written by Dean-Michael Dolan, a graduate of the U of I's Playwrights Workshop

Ted Catanesi, 22, of Wildwood St., El Cerrito, has returned to school as a journalism student at San Jose State University. He attended El Cerrito High School. Catanesi's father, John, is a semi-retired plastering

contractor. His mother, Mildred, is employed by Contra Costa County as a secretary. He has two brothers, Jim, 31, and Mike, 27.

Irene Gonzales, owner of Alena's Beauty Salon on Solano Avenue, is participating in the Whistle-Top In Northern California and the Shriek Alarms Community Safety programs being sponsored by the Albany-Berkeley

tired Senior Volunteer Program. Not a senior herself, Irene is conscious of the citizens to do all they can to curb street crimes. She tells her clients that it is important to be either a whistle-blower or an alarm, then phoned in to the Shriek Alarms, bringing a certain number each on her next visit to her salon.

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El Cerrito breaks through

By DAVE CHEIT

EL CERRITO — It was, shall we say, a loosely played ball game. But somebody had to win, and that somebody happened to be the El Cerrito Gauchos, and that was good enough for Gaucho coach Dennis Giuntini.

"We'll take it," he said after El Cerrito finally broke into the win column Friday night with a 26-14 win over Richmond, which left them both with one victory in eight outings this year. "At this point in the season, we'll take them any way we can."

The Gauchos got this one by going against an Oiler team whose only win was a 6-0 decision over De Anza, and which hasn't posed an offensive threat to any team it has played all year.

They did an adequate job of containing the Oiler runningbacks, they put heavy pressure on Richmond quarterback David Saindon, they kept giving the ball to Todd Spencer until he finally broke a long TD run in the third quarter, and that was all they needed.

In between, they showed why it had taken them so long to win a game. Fumbles and blown pass coverage abounded all evening, culminating in a play that almost let the Oilers back into a game that they had no business winning.

With five minutes left in the game, El Cerrito went into punt formation. Robert Dabney took the snap, stepped forward to kick — and missed the ball. It bounced right into the hands of Oiler rusher Ellis Dozier, who took it 46 yards for a TD.

But Richmond failed to recover the ensuing onside kick, and El Cerrito managed to hang on for the win.

"We didn't play a very good game," admitted Richmond coach Frank Milo. "Our pass protection was about the worst it has been all year."

The Oilers apparently felt, as have most of the Gauchos' opponents this year, that to stop El Cerrito they had to key on Spencer. The strategy backfired on them in two ways, though — keying on Spencer allowed Gaucho quarterback Paul Morehouse to run 53 yards for a touchdown, and the sturdy senior did eventually get his breakaway despite the heavy coverage.

Spencer had only 30 yards at halftime, but his presence contributed heavily to the Gauchos' two first-half touchdowns. He got the first one with a two-yard dive over the middle, and a play-fake to him allowed Morehouse to squirt through the line en route to the second one.

Morehouse's run came on a play called "belly option left," in which Spencer gets a fake and Morehouse takes the ball himself over left guard.

"We've run that play three times this year, and it's gone for a touchdown every time," Morehouse said. "Everybody keys on Todd, so they go for the fake. But my feet are pretty quick too."

They were indeed. Morehouse suddenly found himself in the Oiler secondary surrounded by El Cerrito blockers. He veered right and beat the defenders to the end zone easily.

Richmond scored in the second quarter on a fourth-down pass that somehow floated through two Gaucho defenders who may have been trying to decide who would intercept it. Instead, it was caught by Jessie Jones for 12-6.

El Cerrito pulled away in the third quarter when Spencer finally got to strut his stuff. He got a handoff on third and four from his 36, cut left, spun out of one tackle and danced out of another, headed right and was gone. He ended the evening with 152 yards.

The Gauchos scored again on the first play of the fourth quarter, capping a 76-yard drive that was kept alive by a roughing-the-punter penalty on the Oilers.

ATHLETE OF THE WEEK

Marilee Chamberlain

Junior Marilee Chamberlain, cited for her play in Albany High School's varsity volleyball victory over Encinal, was named Albany High School co-player of the week.

The daughter of Marilyn and Grant Chamberlain, Marilee also has participated in varsity track and softball, junior varsity basketball, flag girls, orchestra, choir and school musicals.

"Marilee is a dedicated, hard-working player," said volleyball coach Debbie Landes. "Her teammates and I can always count on her consistent play. Her main strength is her spiking."

Marilee, who likes to travel, camp and play the piano and violin, would like to go to college and major in recreational therapy.

Anthony Freeman

Senior Anthony Freeman, who played a key role in the Albany Cougars' 25-7 win over the Pacific Vikings, is the Albany High School Co-athlete of the week.

The son of Mr. and Mrs. Willie Freeman, Anthony carried the ball 12 times for 42 yards and performed well as a linebacker on defense.

"Anthony has been the leading over-all performer for the Cougars this year," assistant coach Phil Wanlin said. "His punting kept Pacific deep in their own territory. He also blocked a punt which Max Hoyle landed on for a touchdown and he lead the defense in tackling."

Anthony plans to attend either the University of California at Davis, University of Pacific or Oregon State University to pursue a law career.

His hobbies include playing cards, disco dancing and talking to all the beautiful girls I meet."



—Times Journal photo by Mike Musielski

IT'S FINALLY OFFICIAL — Cynthia Norman of Albany was named Northern California Player of the Year after gaining the most points in Grand Prix competition. Competing in 12 tournaments, Norman, 22, earned 317 points, 35½ points ahead of her closest rival. Ms. Norman is currently playing in a series of Southern California tournaments and will return to the Bay Area in late November.

Comic strip's Albany High homecoming

Comic strips are usually effective because they reflect real life and human problems. One subject many comics deal with is marriage. Blondie Boopadoop married Dagwood Bumstead on February 17, 1933, and Daisy Mae Scragg married Li'l Abner Yokum in March, 1952. Now there is a comic strip about divorce. "Splitville" is in its first year with a humorous look at divorcees, divorce lawyers, alimony payments, therapists, and the dating game.

Albany High School will cap its week-long homecoming celebration with a parade and a football game against San Leandro High this Friday.

The parade will feature the high school band, spirit groups and class floats. The 2 p.m. parade will begin on Thousand Oaks and go to Key Route, east on Portland, down Solano, north on Masonic to Brighton, and end up at Cougar Field.

The game at Cougar Field will begin at 3 p.m.

Albany blanks Justin

ALBANY — If Justin High School was feeling a little complacent about its first place standing in the Superior California Athletic League, the Braves learned a lesson on two Saturday.

They stepped up in class to meet Albany of the ACAL, and came away a 27-0 loser. The Cougars ran just 15 plays in the first half, but three of them were long touchdowns.

The Cougars dominated the game, piling up a 19-0 lead in the first quarter and ending up with a total yardage edge of 347-162. Anthony Freeman ran for one touchdown and threw for another on a halfback pass as Albany raised its overall record to 6-2.

The other touchdowns were scored by Gary Williams, on a 71 yard pass from David Jenkins, by Jay Rogers, on a 55 yard pass from Freeman, and by Alonso Reese, on an 18 yard run. Freeman's touchdown run covered 52 yards.

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THEY
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FORCED BUSING—NEIGHBORHOOD SCHOOLS

FULLER AND GAY have led the fight against forced busing while racially balancing the schools through "freedom of choice." They have opposed the closing of 11 elementary schools as advocated by one board member. They know that savings cannot be accomplished by closing schools and forcing children to walk long distances to other schools.

TEST SCORES—FUNDAMENTAL EDUCATION

FULLER AND GAY have eliminated all social experimentation, for they believe schools exist to educate children. They have instituted curriculum changes that have kept RUSD student test scores at or above the national average for the past 10 years.

NO STRIKES

FULLER AND GAY have provided competitive salaries and working conditions for all employees. The RUSD is the only Bay Area metropolitan school district not to have had a strike in the past 10 years.

FISCAL RESPONSIBILITIES—BALANCED BUDGET

FULLER AND GAY are business executives. Their system of checks and balances have prevented embezzlement and thefts which have plagued neighboring school districts.

DISCIPLINARY MEASURES

FULLER AND GAY have provided firm and fair disciplinary procedures. Attack on a teacher means expulsion. Not one day of school has been lost during the past 10 years because of violence or student unrest.

SPECIAL EDUCATION

FULLER AND GAY have supported all types of needed special education for handicapped students. The RUSD has a national reputation for the quality of its special education programs.

THEY PROMISED—THEY DELIVERED!

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NOV. 6

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Oct 79



BOWLING

Merry Jax holds lead thanks to Felix, Taylor

Merry Jax tightened their hold on first place in the 910 Major League at Albany Bowl by taking a 14-11 position round decision over Friis Freezers with important contributions from Randy Felix, 242-5888, and John Taylor, 569.

The Majors' top performer of the week was Rod Sparks, who posted 225-276-162 for 663 in leading Selatic Five 14-11 over Franklin Electronics. Les Riedinger of the losers recovered from a bad start to shoot 224 and 235 for a series total of 618.

For the third straight week Chuck Willis turned in a clutch performance for Key Club and his 266 game and 639 series resulted in a 14½-10½ victory over Where's Jack?, which had Al Ochoa at 228-602.

M & L Tavern had Ron Irving at 612 and Steve Brewer, 245-605, in swamping One's Enough 20-5.

The Rich Altman Dance Band team held its first place ranking in the Olympic Savings Majorettes with a 13-9 decision over Real Estate Place.

Kayo's Apparel moved up in the standings by smashing United Insurance 16-6 with the help of a 525 series from Jennie Almond and 515 by Joedna Hewitt.

Sonia Carr's 528 for Sonja of Sweden was not enough to prevent a 14-8 loss to Associated Coin Amusements.

Al's Big Burgers tripped Team Eight 13-9.

In the Woodstackers League, Oaks Club broke out of a tie for first with Red Vest Specials by clipping the Specials 2-1. The teams split the first two games but Carl Hendrix anchored a 254 third game for a 585 series to decide the match. John Myers had the league's best set at 596.

Josh Cullander, who has been tearing up the Junior-Senior Trios League at Albany Bowl with a 211 average, broke out a 702 cluster in the Miller Doubles Tournament eliminations as he and John Taylor moved into second place in the standings with 1339-109-1448.

At the same time, Gordon Libby and Maury Searcy took over first place with 1299-153-1452 when Searcy closed with 268 for a 665 series.

Albany Bowl will be host for one of two Northern California sectional events in the Miller competition in mid-November. Qualifiers from Albany and Orchard Lanes, Chico, will advance to the state finals at Japan-town Bowl, San Francisco, and the winning pair there will head for Reno and a shot at the \$125,000 prize fund offered by the Miller Brewing Co.

In Albany league play, Rod Sparks turned in the best performance with a 276 game and 663 series to lead Selatic Five over Franklin Electronics in the 910 Major League, 14-11.

Other Majors results showed Merry Jax over Freezers, 14-11; Key Club over Where's Jack?, 14½-10½, and M & L Tavern over One's Enough, 20-5. Chuck Willis shot 266-639 for Key Club.

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Bowling with John Smith, Johnson tallied 530 to give the pair a top ranking 1,318 closing with a 268, had 665.

Greg Wees' 652 and Ed Covell's 606 sparked first place Tabler's Hair House to a 19-5 victory over Payless Plumbing in the eighth week of the McQuesten 875 Scratch League at Golden Gate Lanes.

Lloyd Isaman topped the Plumbers with a 625.

Second-ranked Kister, Savio and Rei kept pace with a 19-5 win over Bowlers Mat behind Larry Savio's 619 and Ray Stewart's 606. Bowlers Mat slipped from third to fourth place.

Dave Nordahl's 653 high series led Nordahl's ARCO over Weill Industrial Supply, 14-10, and into third place. Bob Dwy shot 611 for Nordahl's, and Howard Coates rolled 636 for Weill.

Other winners included Diablo Bowling Supply over Bartels Realty, 15-9, behind Larry Stover's 611 and Ray Brocken's 610; Roscoe's Cafe over Newell's Trailer Sales behind Tom Sorce's 617, and Norville Glass over Locators, 19-5.

Norville Glass 19 (Pete Bogliolo, 182-506; Don Parasso, 221-535; Ivo Rocha, 190-550; Al Pimentel, 205-582; Mary Jackson, 205-572; Lou Harris, 198-607; Tom Stichter, 197-541; Mike Savitt, 158-433; George Hattwig, 245-598).

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Ojeda Auto Repair pulled to within one game of first place Broome & Cooper by defeating the Attorneys, 2-1, in 835 Midweek Scratch League position round at Golden Gate Lanes.

Hendrix also figures prominently in Blair Ex-cavators 17-8 win over Body Shop in the 875 Commercial League, shooting 244-594.

In the Commercial's best match Real Estate Place edged Gibbs Bookkeeping Services 13-12 with Jeff Keys providing a 247 game and 610 series and Jim Campbell a helpful 591.

The three team scramble for first place in the Berkeley Elks League between Virginia Cleaners, Lee Frank Jewelers and Berkeley Tire became even tighter when the Tirenmen moved into a tie for the lead with Virginia Cleaners after a 3-0 triumph over Allied Printing Services.

The Jewelers used Lisa Heffley's 221-537 for a 2-1 win over Heffley Construction, and the Cleaners won by the same margin over Static Electric on Chuck Olsen's 559, Jim Brodie's 538 and Helen Olsen's 525.

Ed Truitt with 592 for Heffley Construction, and Paul Sniffen, 231-531, for Static Electric, topped the scoring.

Josh Cullander, who in his two previous outings in the Junior-Senior Trios had recorded 690 and 671 sets, fired games of 247-211-233 for 691 and raised his season's average to 211.

Cullander also broke out a 702 cluster in the Miller Doubles tournament eliminations where he and John Taylor jumped into second place in the standings with a handicap total of 1,448. Cullander shot 207-256-239 and Taylor added 637.

First place in the Miller standings belongs to Gordon Libby and Maury Searcy, whose 1,299 scratch was enhanced by 153 handicap pins for a 1,452 total. Libby shot 624 and Searcy, 624.

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FRATERNAL FIVES — Bob Gherone, 288-647; Tony Luis, 203-544; Bonny Melrose, 188-450.

LADIES SCRATCH — Les Brodie, 196-525; Barbara Flavin, 188-522; Earline Brasel, 195-521; Lynn Palmer, 178-516.

BEAR FIVES — Lewis Love, 202-564; Lou Cook, 202-552; Dave Padilla, 198-510.

ALBANY TRAVELERS — Bob Mann, 240-645; Doug Fowler, 220-587; John Smith, 230-564; Darlene Chiro, 203-518.

AFTER DINNER FOURS — Doug Espino, 241-543; Don Wells, 187-525; Bob Keys, 201-523.

TRI CITY MEN — Cecil Correa, 214-589; Dan Lopez, 199-663; Bob Washington, 192-542; Dennis Reed, 199-504.

WOODSTACKERS — John Myers, 238-588; Carl Hendrix, 254-585; Rob Sutherland, 183-535; Manervia Young, 206-547.

OLYMPIC SAVINGS MAJORETTES — Sonia Carr, 211-528; Jennie Almond, 201-525; Joedna Hewitt, 192-162.

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SAFeway

SALE!

Del Monte
FOODS

Del Monte

Catsup

Del Monte, 32 Ounces

69¢

Save 40¢ each

INFLATION FIGHTER

Del Monte

Corn

Del Monte, 16 Ounces

3 \$1

Save 23¢ on 3

Del Monte

Tomato Sauce

Del Monte, 15 oz.

3 \$1

Save 17¢ on 3

Del Monte

Cling Peaches

Del Monte, 17 oz.

Cling Peaches

Del Monte, 17 oz.

2 FOR 89¢

Save 21¢ on 2

INFLATION FIGHTER

Del Monte

Green Beans

Del Monte, 16 oz.

3 \$1

Save 38¢ on 3

INFLATION FIGHTER

Dill Halves
or Kosher Style,
Del Monte, 22 oz.

Save 32¢ each

65¢

Tomatoes
Stewed, Del
Monte, 16 oz.

Save 47¢ 3 for

3 \$1

Pears
Del Monte,
29 Ounces

Save 10¢ each

79¢

Tomato Juice
Del Monte,
46 Ounces

Save 12¢ each

59¢

Del Monte

Vegetables

Del Monte, Green Beans,
Corn or Mixed
Vegetables,
6 Ounces

4 \$1

Save 16¢ on 4

INFLATION FIGHTER

MORE GROCERY SPECIALS!

Large AA Eggs

Lucerne, Dozen

77¢

Pepsi

6-16 oz. Bottles
(Plus Deposit)

Save 46¢ each

\$1.09

Mazola

Margarine,
1 Pound

Save 16¢ each

73¢

Brawny

Paper
Towels,
Roll

Save 27¢ each

58¢

Bread

Mrs. Wright's, Butter-
milk, 1½ lb. Loaf

Save 38¢ 2 for

2 \$1

Ice Cream

Luxor, Including
Peppermint, Vanilla,
Peanut Butter, Hot Fudge

Save 14¢ each

\$1.45

VARIETY SAVINGS!

Vicks

VapoRub,
3 Ounces

Save 60¢ each

\$1.69

Listerine

Mouthwash,
32 Ounces

Save 70¢ each

\$1.99

Maalox

Antacid,
26 Ounces

Save 70¢ each

\$2.89

Vicks NyQuil

6 Ounces

Skin Cream, 20¢ off label, 8 oz.

Xmas Cards

Box, 25 Count

\$1.79

Breck Shampoo

15 Ounces

\$1.09

Polaroid SX-70

Land Film, Twin Pack

\$1.99

Quaker State

Motor Oil, 10-40 Weight, Quart

70¢

\$1.79

\$1.09

\$1.99

\$1.99

\$1.99

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\$1.99

\$1.99

\$1.99

\$1.99

\$1.99

LIQUOR, BEER & WINE SALE!

Budweiser

12 oz. Cans

Save 86¢ each

\$3.39

Gilbey's Vodka

80 Proof, Quart
(Case of 12, \$45.48)

Save \$1.00 each

\$3.79

Senorita

Tequila 80 Proof 750 ml
(Case of 12, \$37.80)

Save \$1.00 each

\$3.15

Gallo Wine

Heavy Burgundy, Pinot
Noir, Cabernet, Chardonnay,
or Red Blend, 750 ml
(Case of 6, \$15.00)

Save \$1.98 2 for

2 \$5

Sebastiani

Chenin Blanc, Green
Honey, or Zinfandel, 750 ml
(Case of 12, \$32.28)

Save \$1.00 each

\$2.69

Dos Equis

Mexican Beer 6-12 oz
Bottles
(Case of 12, \$10.76)

Save 70¢ each

\$2.69

No sales in excess of 20 gallons. No sales for resale. All licensed stores only.

Boneless Round
Steak, Full Cut,
U.S.D.A.
Choice Grade
Beef

Save 82¢ per lb.

\$1.87

Fresh Turkey
Boneless,
Armour
Golden Star
Butter Basted

Save 30¢ per lb.

\$1.59

Foster Farms
Fryer Parts,
Drumsticks &
Thighs, So
Very Fresh

Save 38¢ per lb.

99¢

Blade Chuck
Roast, U.S.D.A.
Choice Grade
Beef

Save 51¢ per lb.

\$1.08

7-Bone Chuck
Roast, U.S.D.A.
Choice Grade
Beef

Save 51¢ per lb.

\$1.28

Canned Ham
Safeway

Save 1.60 per 5-lb. lb.

\$7.99

PREMIUM
Ground Beef
Does Not
Exceed
22% Fat

Save 63¢ per lb.

\$1.88

BONELESS BEEF
for Stew
U.S.D.A.
Choice Grade
Beef

Save 63¢ per lb.

\$1.96

BONELESS RUMP
or Crossrib Roast
U.S.D.A.
Choice Grade
Beef

Save 63¢ per lb.

\$1.97

TIP ROAST
Beef Round
U.S.D.A.
Choice Grade
Beef

Save 63¢ per lb.

\$2.29

PORK CHOPS
Assorted

Save 30¢ per lb.

\$1.48

FOSTER FARMS
Baking HensGreat for
Stewing or Soup

Save 30¢ per lb.

49¢

SPLIT FRYERS
Manor HouseGreat for
the BBQ

Save 10¢ per lb.

59¢

HICKORY SMOKED
PicsWater Added
(Sliced lb.,
89¢)

Save 10¢ per lb.

79¢

U.S.D.A. CHOICE LAMB FAVORITES!

Small Loin Lamb Chops

Save 42¢ lb.

\$3.37

Rib Lamb Chops

Save 72¢ lb.

\$3.27

Sirloin Lamb Chops

Boneless,
Save 50¢ lb.

\$3.19

Lamb Shoulder Roast

Sliced and Tied,
Save 21¢ lb.

\$1.78

Lamb Round Bone Chops

Save 21¢ lb.

\$2.77

Lamb Shoulder Blade Chops

Save 32¢ lb.

\$2.47

SEAFOOD SPECIALS!

Pacific Red Snapper

Frozen
Fresh Thawed

Save 1.38 per lb.

\$1.38

Large Crab Clusters

Frozen
Fresh Thawed

Save 2.49 per lb.

\$2.49

Fantail Shrimp

Broasted, Scotch Bay, Frozen 74¢

Save 5.99 per lb.

\$5.99

Sole Fillets

Captain's Choice, Frozen

Save 2.49 per lb.

\$2.49

Fish Sticks

Precooked, Captain's
Choice, Frozen

Save 1.29 per lb.

\$1.29

Whole Beef Round Tips

U.S.D.A. Choice Grade Beef,
We will Gladly Cut and Bulk
Wrap. All Cuts Sold
Untrimmed.

Save 1.88 per lb.

\$1.88

BUY BEEF
IN BULK
AND SAVE!

Save 1.88 per lb.

\$1.88

Del Monte Hawaiian

Pineapple

Save 30¢ each

Large 4 to 5 Pound

Size ea.

89¢

How About A STEW Tonight
YOUR CHOICE
Clip Top
Carrots
Rutabagas
Turnips
Yellow Onions U.S. No. 1
Red Potatoes U.S. No. 1

5 \$1

SAFeway FLOWER SHOW

CROTONS Beautiful Tropical Plant
with Bright Autumn Colors
Save 51¢ each

3 \$98

BOUQUET Straw Flowers, Touch of Fall
Flowers for that Touch of Fall

2 bunches \$1

Head Lettuce

Fresh, Crisp Heads

Save 47¢ 3 for

3 \$1

Anjou Pears

U.S. No. 1,
Northwest Grown

Save 10¢ per lb.

39¢

Bok Choy

and Napa Cabbage
Great for Oriental
Dishes

Save 10¢ per lb.

29¢

Danish Squash

Northwest
Grown

Save 10¢ per lb.

19¢

Broccoli

Fresh

Save 20¢ per lb.

48¢

Artichoke Hearts

Cara Mia,
Marinated

6 oz. jar

Save 79¢ per jar

\$7.99

Pitted Prunes

Del
Monte

24 oz. bag

Save 1.99 per bag

\$1.99

\$1.99

Items and prices in this ad are available October 31, 1979, thru November 6, 1979, at all Safeway Stores in the following counties: Solano, Napa, Sonoma, Contra Costa, Alameda, San Francisco, San Mateo and Santa Clara. *Prices not effective in Vacaville or Fairfield. Sales in retail quantities only.

Everything you want from a store
...and a little bit more!

SAFeway

ORDINANCE NO. 78-010
AN ORDINANCE OF THE CITY OF ALBANY AMENDING ARTICLE I OF CHAPTER 22 OF THE ALBANY CITY CODE, RELATING TO THE PLUMBING AND GAS APPLIANCE CODE

THE COUNCIL OF THE CITY OF ALBANY DOES ORDAIN AS FOLLOWS
Section 1: That Section 22.3(b) is hereby amended to read as follows:

(b) Schedule of Fees
"Plumbing: Plumbing fees for multiple family dwelling units may be computed at Three Dollars (\$3.00) per one hundred (100) square feet, including all interior floor areas, at the discretion of the building official.
For issuing each permit \$10.00
For issuing each supplemental permit 3.00
In addition:

For each plumbing fixture (including water drainage piping and backflow protection thereof)..... 2.50
For each building sewer and each trailer park sewer 7.50
For each house sewer replacement or extension 4.00
Rainwater systems per drain 3.00
For each private sewage disposal system 12.50
For each industrial waste pretreatment interceptor including its trap and vent (excepting kitchen-type grease interceptors functioning as fixture traps) 1.50
For installation, alteration or repair of water piping or water treating equipment, 1 to 5 outlets..... 2.00
Over 5 - each..... 40
For repair or alteration of drainage or vent piping..... 2.00
For each lawn sprinkler system on any one meter, including backflow protection devices therefor..... 3.00
For vacuum breakers or backflow protective devices on tanks, vats, etc., or for installation on unprotected plumbing fixtures including necessary water piping..... 2.50
Over 5 - each..... 40
For plumbing swimming pool, including all plumbing facilities:
Domestic..... 15.00
Commercial..... 30.00
For each storage tank:
250 gallons or less..... 3.50
Over 250 gallons..... 7.50
For each water heater:
75 gallons or less..... 2.50
Over 75 gallons..... 3.00
For each garbage disposal:
Domestic..... 2.50
Commercial..... 4.00
For dishwashing equipment:
Domestic..... 2.50
Commercial..... 4.00

Gas appliances and piping: For each permit issued, a fee for such permit and inspection incidental thereto shall be paid in advance, computed from the fixtures and appliances proposed, to be provided as shown in the application for permit to install or to alter any heating and ventilating system, gas piping or appliances.
For issuing each permit..... 10.00
For issuing each supplemental permit..... 3.00
For each gas piping outlet:
1 to 5 outlets..... 2.50
Over 5 outlets - each..... 50
Oil piping fuel, etc., same as gas fees
For installation of any steam or hot water heating piping to radiator, convectors, hot water panels, steam or hot water unit heaters or radiant heating Minimum fee..... 3.00
For each convactor or unit heater over 4..... 40
For each panel circuit over 1..... 75
For the roughing in of sheetmetal or approved circulating air pipe in connection with any heating or cooling system including air inlet or outlet connections, registers, and diffusers Minimum fee..... 3.00
For each register or return over 4..... 40
For the installation of fuel oil, or liquefied petroleum gas storage tanks:
Minimum fee..... 3.50
For each oil or gasoline tank over 250 gallons..... 7.50
For the installation or relocation of each forced air or gravity-type furnace or burner including ducts and vents attached to such appliance up to and including 100,000 B.t.u.'s..... 4.00
Over 100,000 B.t.u.'s..... 5.00
For the installation or relocation of each floor furnace, including vent..... 4.00
For the installation or relocation of each suspended heater, recessed wall heater or floor mounted unit heater..... 4.00
For the installation, relocation or replacement of each appliance vent installed and not included in an appliance permit..... 2.00
For the repair of, alteration of, or addition to each heating appliance, refrigeration unit, cooling unit, absorption unit, or each heating, cooling, absorption, or evaporative cooling system, including installation of controls regulated by this code..... 4.00

For the installation or relocation of each boiler or compressor to and including three horsepower, or each absorption system to and including 100,000 B.t.u.'s..... 4.00
For the installation or relocation of each boiler or compressor over three horsepower to and including fifteen horsepower, or each absorption system over 100,000 B.t.u.'s to and including 500,000 B.t.u.'s..... 7.50
For the installation or relocation of each boiler or compressor over fifteen horsepower to and including thirty horsepower, or each absorption system over 500,000 B.t.u.'s to and including 1,000,000 B.t.u.'s..... 10.00
For the installation or relocation of each boiler or compressor over thirty horsepower to and including fifty horsepower, or each absorption system over 1,000,000 B.t.u.'s to and including 1,750,000 B.t.u.'s..... 15.00
For the installation or relocation of each boiler or refrigeration compressor over fifty horsepower or each absorption system over 1,750,000 B.t.u.'s to and including 10,000 cubic feet per minute, including ducts attached thereto..... 3.00

NOTE: This fee shall not apply to an air handling unit which is a portion of a factory assembly, cooling unit, evaporative cooler or absorption unit for which a permit is required elsewhere in this Code
For each air handling unit over 10,000 cubic feet per minute..... 5.00
For each evaporative cooler other than portable type..... 3.00
For each ventilation fan connected to a single duct..... 2.00
For each ventilation system which is not a portion of any heating or air conditioning system authorized by a permit..... 3.00
For the installation of each hood which is served by mechanical exhaust, including the duct for such hood..... 3.00
For the installation or relocation of each domestic type incinerator..... 5.00
For the installation or relocation of each commercial or industrial type incinerator..... 20.00
For each appliance or piece of equipment regulated by this Code, but not classed in other appliance categories, or for which no other fee is listed in this Code..... 3.00
For each gas range:
Domestic..... 2.00
Commercial..... 3.00
For each space heater:
Domestic..... 1.50
Commercial..... 1.50
For each clothes dryer:
Domestic..... 1.50
Commercial..... 1.50
For each refrigerator..... 2.00
For each vent or flue..... 2.00
For each small burner of not over 16,000 B.t.u.'s per hour, steam table, sterilizer, laboratory burner, coffee urn burner, gas place, etc..... 2.00
For each fan or blower connected to any heating system which is not part of the furnace Minimum fee..... 2.00
For each range hood:
Domestic..... 2.00
Commercial..... 4.00
Air conditioning installations:
For each unit of 1 1/2 tons or less..... 2.00
For each additional ton or fraction thereof over such unit up to 14 tons..... 75
For each unit of 14 tons or over..... 12.00
For each expansion coil or chilled water coil..... 40
For each separate cooling tower..... 2.00
For each evaporative cooler..... 2.00

Section 2: This ordinance shall be published once in the Albany Times, a newspaper of general circulation within the City of Albany, which said newspaper is designated for that purpose, and shall become effective on and after its final passage, adoption and publication.
Signed,
ROBERT E. LUOMA
MAYOR OF THE CITY OF ALBANY
STATE OF CALIFORNIA)
COUNTY OF ALAMEDA) SS
CITY OF ALBANY)
JACQUELINE BUCHOLZ, City Clerk of the City of Albany, California, do hereby certify that the whole number of members of the City Council of the said City of Albany is five; that the foregoing Ordinance, being ORDINANCE NO. 78-010, was passed and adopted by the said City Council, approved and signed by the Mayor of said City and attested by the City Clerk of said City, all at a regular meeting of the said Council on the 22nd day of October, 1979 A.D., and that the same was so passed and adopted by the following votes:
AYES: Councilmembers George, Howell, Jackson, Lewis & Mayor Luoma
NOES: None
ABSENT: None
IN WITNESS WHEREOF, I have hereunto set my hand and affixed the official seal of the City of Albany, this 23rd day of October, 1979
Signed
JACQUELINE BUCHOLZ
City Clerk

HANDYMAN

Chamberlain
Electro Lift

FREE
Extra In-Car Door Control
Regular \$30
With The Purchase
Of This Opener
During This
Advertised Period

SAVE \$60

CALL TOLL FREE FOR INSTALLATION
INSTRUCTIONAL HELP
(1) (800) 528-9131

PRICES ON SALE ITEMS EFFECTIVE NOW THROUGH
OTHER ITEMS ARE AT OUR REGULAR PRICES.

1/3-HP Executive
GARAGE DOOR OPENER
With Individualized Opener Code
& Free Extra In-Car Door Control
Don't you dread getting out of the car on those dark, scary, freezing cold nights just to open the garage door? Stay safe and warm inside your car with the help of this automatic garage door opener that you set for your own opening code. And enjoy the added convenience of its light that stays on 1 1/2 to 2 extra minutes so you can see what's happening.
Door Control
#G3446 Regular \$30
Opener
#G6446A Regular \$169
BOTH FOR
\$159

B-D Black & Decker

Power Tool Accessories
Okay, so you have your jigsaw and your drill.
So now you want to use them in the most constructive manner.
Which means you want to come in to our complete Hardware Department and pick up these known-to-be-great, Black & Decker accessories.

7-Pc. Drill Bit Set #71-007
10-Pc. Jigsaw Blade Set #U1337

YOUR CHOICE 4.99

Rural Mailbox
Assemble this strong, plastic, 1-piece molded construction, weather, rust and corrosion-resistant, 5-year limited warranty mailbox and hope the mailman brings you good news!

9.99 EA. #4168

5/8" x 4' x 8' Particle Board
You can do so many things with this smooth surfaced particle board. You can design a cabinet or build a playhouse. Then you can easily cover or paint it as you like.

4.49 EA.

"Rug Doctor"
Steam Cleaner Rental
The 'Rug Doctor' gets 'steaming mad at dirt.' It jets a hot solution into your carpet and it agitates 2200 times a minute. Its vibrating brush breaks up dirt and its powerful suction lifts it away. And its large wheels and dolly design make it easy to move up or down stairs. So come on in and rent one now!

Dazey Seal-A-Meal
Seal meals to freeze now and boil later. Store leftovers, preserve produce, even protect papers. Do it all with compact Seal-A-Meal and your boiling bags.

9.99 EA. #SAM1

Economy Fir 2x4s
Pick up plenty of surfaced on 4 sides, economy grade 2x4s that come in handy 92 1/2" to 96" lengths for a variety of projects.

69c EA.

Pkg. of 100 Coffee Filters
For Norelco, West Bend and other brewers.

69c EA. #AC100 Regular 99c

Toilet Seat
4-coat, white enamel finish wood seat with top-tightening hinge.

4.99 EA. #6ETT-000

kwikset Locksets

1" Single Cylinder Deadbolt
Help keep your family, home and possessions safe. Help secure your home by installing a heavy-duty, single cylinder deadlock that operates with key outside, turnpiece inside. And choose which of these lovely finishes you prefer.

Polished Brass Finish 14.99 EA. #880KSP3 Regular 17.99
Antique Brass Finish 16.99 EA. #880KSP5 Regular 19.99

Water Saver Shower Massage
Need waking up in the morning? And relaxing after a hard day's work? Enjoy the water-saving spray or massage flow of this wall mount massage.

16.99 EA. #SVR22K Regular 22.99

6" Pot Hanging Boston Fern
A classic favorite. Gracefully arching fronds that bestow beauty. And a beautiful and lively green, decorator color for your home.

3.99 EA.

YOUR SUPER HOME HARDWARE CENTERS!

OPEN WEEKDAYS 10AM TIL 9PM SAT & SUN 9AM TIL 6PM

FREMONT 40800 Grimmer Blvd. 651-1221	HAYWARD 24055 Hesperian Blvd. (Next to Toys R Us) 785-1800	SAN PABLO 13901 San Pablo Ave. 237-0350	DUBLIN 7450 Amador Valley Blvd. (At Interstate 680) 828-8181	CONCORD 2030 Diamond Blvd. (Next to New Post Office) 689-7811
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Some items are on sale; however some are at our regular prices.

ALL MERCHANDISE SUBJECT TO STOCK ON HAND

POLICE BEAT

Erik Madden, 36, of 2307 108th Ave., Oakland, was arrested last Friday by Albany Police for possession of a stolen weapon, a 13-inch leather blackjack, and its sale on \$5,000 bail. He was arraigned on Friday in Berkeley-Albany Municipal Court.

Charles Frank Verdin Jr., of 1115 Garfield, Albany, was arrested on Friday, Oct. 19, for causing injury in a domestic assault. Two juveniles in the other vehicle reportedly suffered minor injuries in the accident on San Pablo Avenue in Albany. Verdin was arraigned last Monday in Berkeley-Albany Municipal Court.

John Goree, 900 block of Taylor, Albany, reported the theft of a stereo and speakers Oct. 24.

Mark Sloan, 200 block of Wilson, Albany, reported the theft of a bike worth \$180 on Monday, Oct. 22.

Edward Mozley, 1100 block of 6th St., Albany, reported the theft of a motorcross-style bike on Sunday, Oct. 21.

A juvenile was involved in a strongarm theft of his Schwinn 10-speed bike on the 900 block of Adams, Albany, on Oct. 24.

Officer Ron Boak, an El Cerrito policeman since December of 1975, is home nursing possible disc damage and back spasms caused when he fell in pursuit of a man suspiciously hanging around a meat truck. The incident occurred Oct. 24 around 3 a.m. near St. Jerome's Church on San Carlos.

Janice Brooks, 26, of 923 Drake, Marin City, was arrested by Marin County Sheriff's deputies on Tuesday, Oct. 23, for a credit card forgery that occurred on Oct. 4, 1978, at Smith's in the El Cerrito Plaza. Brooks reportedly purchased \$137.39 worth of clothes. She is being held on \$4,000 bail and will state her plea in Bay Municipal Court today.

Victor Paolini, 2800 block of Tulare, El Cerrito, reported a battery was taken from his 1968 Chevrolet on Sunday, Oct. 21.

A mobil home belonging to Sterling Saunders of Concord was burglarized of a \$125 AM-FM stereo when it was parked at Ramsey's Camperland, 11900 block of San Pablo, El Cerrito. The incident occurred Oct. 24.

Mattia Castiglione, 3300 block of Belmont, El Cerrito, reported the theft of \$109 in cash on Thursday, Oct. 18.

Rex Paul, 500 block of Kearney, El Cerrito, reported the theft of a Sprosonic stereo, Polaroid camera and record albums worth \$525 on Saturday, Oct. 20.

A juvenile was arrested by El Cerrito police Oct. 24 for the burglary of a stereo belonging to Pamela Shimizu, 3200 block of Santa Clara, El Cerrito.

Two batteries were stolen from Grand Auto Supply, 9900 block of San Pablo, El Cerrito, Oct. 24.

Terrance Fisher of Richmond reported the theft of his brown Schwinn 10-speed bike from Golden Gate Lanes in El Cerrito on Friday, Oct. 19.

Elect Markstein bank director

Adolph A. Markstein has been elected to the Board of Directors of the Mechanics Bank, it was announced recently by Board Chairman, Francis A. Watson. Markstein, a life-long resident of the Bay Area, is Chairman of the Board of the Markstein Beverage Companies located in Sacramento and Oakland. The Markstein family's involvement in the beer business began three generations ago in Albany where Markstein's father sold and delivered beer out of a horse drawn wagon. The newly elected Director's sons, Richard, Steve and Kenneth are active in the two distributorships.



Adolph Markstein

LARGE EGGS 69¢

ORANGE JUICE \$1.39

ICE CREAM \$1.29

CRISCO OIL \$1.99

COKE
TAB
FRESA
SPRITE
7-UP 2 Liter 99¢

2 STORES

SAN PABLO
1835 Rumliff Blvd.

EL CERRITO
11757 San Pablo Ave.
(Next to Pancake House)

STORE HOURS:
DAILY: San Pablo & El Cerrito, Mon. thru Sat. 9 a.m.-8 p.m.
SUNDAYS: San Pablo 9-6; El Cerrito 9-7 p.m.
PRICES EFFECTIVE OCT. 30 THRU NOV. 5

GREEN BEANS	West Pac. Cat or Sliced 303 Tin	3 for \$1	COTTAGE CHEESE	Carnation Part Tub	75¢	VANISH CRYSTALS	Bowl Cleaner 48-oz.	99¢
CREAM CORN	West Pac 303 Tin	3 for \$1	PANCAKE SYRUP	Lady's Choice Half Gal.	\$1.89	VANISH SOLIDS	9-oz.	89¢
KERNEL CORN	West Pac 303 Tin	3 for \$1	LITE LINE CHEESE	Borden's 12-oz. Pkg.	\$1.39	WINDEX WINDOW	Cleaner 12-oz. Pump	69¢
BROWNIE MIX	Duncan Hines Double Fudge 15½-oz.	89¢	GRATED CHEESE	Borden's Parmesan, Farm & Romano 8-oz.	\$1.59	REYNOLDS FOIL	Standard Roll	39¢
MUFFIN MIX	Duncan Hines, Blueberry	89¢	BEEF STEW	Normal 15-oz. Tin	79¢	CAT FOOD	Frisolite 6½-oz. Pkg.	4 for \$1
SWEET PEAS	West Pac 303 Tin	2 for 79¢	BEEF TAMALES	Normal Hot or Regular 15-oz.	55¢	FRENCH FRIES	Carnation Reg. or Crinkle 32-oz.	89¢
PUMPKIN	West Pac 2½ Tin	45¢	CLOVER HONEY	Mountain Valley 2-½ Jar	\$1.99	TATER TOTS	Carnation 32-oz.	89¢

COKE
TAB
FRESA
SPRITE
7-UP 2 Liter 99¢

COFFEE

FOLGER'S \$8.99

3-lb. Tin

CAKE MIX

DUNCAN HINES 69¢

All Layer Varieties

DETERGENT

WHITE KING "D" 89¢

42-oz. Ctn.

CHEESE

BORDEN'S \$1.29

American Singles 12-oz. Pkg.

CHICKEN

FRIED BANQUET \$1.99

2-lb. Box

SUGAR

C&H \$1.19

5-lb. Bag

PEANUT BUTTER

J&W BEANS

SOUP STARTERS

DRESSINGS

FISH STICKS

PEPSI-COLA

INST. NOODLES

FOOD BOWL FARM-FRESH PRODUCE

LETTUCE 3.99¢

TOMATOES 4.99¢

AVOCADOS 59¢

BROCCOLI 65¢

POTATOES 20¢

CELERY 39¢

ROME APPLES 3.99¢

D'ANJOU PEARS 39¢

GRAPEFRUIT 3.89¢

FOOD BOWL MEAT SPECIAL

FRYERS

FRESH WHOLE BODY 45¢ lb.

Foster Farms Whole Body Fryers... lb. 55¢

FOOD BOWL MEAT SPECIAL

BREASTS

OR THIGHS \$1.19

Foster Farms lb.

Drumsticks... lb. 99¢

JENNIE-O BRAND TURKEYS

TOMS 69¢ lb.

PICNIC

SMOKED SHOULDER 79¢ lb.

Sliced lb. 89¢

PORK STEAK

FRESH SHOULDER \$1.29 lb.

PORK CHOPS

Fresh Loin Blade Cut \$1.09 lb.

Ata Bates offers variety of health care programs

Need a referral to a local clinic or physician? Want to learn more about health and health care? Need a place to take the kids that's fun as well as educational?

Ata Bates Hospital, 3001 Colby Street at Ashby in Berkeley, offers these and more.

Check the following for upcoming programs or call the public relations department at 845-7110, extension 2555 for details.

• **ABA Health Care Seminars**—Free programs are presented the fourth Thursday of the month at noon in the Ata Bates Auditorium. Because seating is limited, reservations are necessary. A buffet lunch is available for \$2.50. Coming programs: Nov. 15, Genetics and DNA; Jan. 24, Oncology and Cancer Treatment. For reservations call the Ata Bates Foundation at 845-7110, extension 2417.

• **Exercise Fitness and Coronary Prevention Program**—A two-part testing and evaluation program for individuals between 18 and 65, without a history of

heart disease, designed to provide counseling in exercise and diet to reduce the risk of heart disease.

• **Exercise Class at Hearst North Field**—Open to graduates of the Exercise Fitness and Coronary Prevention Program, providing one hour of warm-ups and jogging Tuesdays and Thursdays, 7-8 a.m. Cost: \$50 for 27 weeks.

• **Hall of Health**—A "hands on" health education exhibit filled with films, games and health information for children and adults. Located on the main floor, Regent Street entrance, the Hall of Health is open free of charge Monday through Friday from 10 until 3 p.m., Sunday from 1 until 4 p.m. Groups of 10 or more are asked to make reservations.

• **Marathon Training Clinic**—A 7-month program starting in January for runners interested in training for the July 1980 San Francisco Marathon or seeking guidance in serious running. The classes meet the second Saturday of each month and include lectures by experienced marathoners as well as practice runs. Cost: \$70.

• **Maternity Programs**—Ata Bates offers a seven-part weekly lecture series several times a year for expectant parents on Tuesday evenings at 7 p.m. in

the Ata Bates Auditorium. Other courses include Bradley or La Maze Birth Preparedness Training, a Pre-Natal Exercise Program starting in January, and orientation courses for parents anticipating delivery by caesarian section or use of the Alternative Birth Center.

• **Health Referral Center**—Provides telephone assistance to people seeking information about and referrals to health care services in Alameda and Contra

Costa Counties. Referrals to physicians, as well as 548-5251 between 9 and 5 p.m., Monday through Friday.

• **Speakers Bureau**—Does your organization need a speaker? Over 30 speakers are available for brief talks on a variety of health topics. Call 548-5251 or more in advance to schedule.

• **Tel-Med**—Call 548-6800 for a brief taped message on one of 270 medical and health topics. Sponsored by the Alta Bates Volunteer Association, Tel-Med is available Monday through Friday, 10-3 p.m. and 6-8 p.m.

CLOSED WEDNESDAY

KING TU
Restaurant & Lounge
1335 Solano Ave.
ALBANY 525-2285

OPEN 6 DAYS A WEEK!
LUNCH THURS.-SAT. 11:30-3:30
DINNER 3:30-10:30 SUN. 4:30-10:30 p.m.
FRI.-SAT. 3:30-10:30 p.m.
COCKTAILS: 4:30-10 p.m.

• Food to go • Banquet Rooms • Catering

SUPREME TV SERVICE
SALES-SERVICE

Our Specialty is **ZENITH**

Due to Your Demand for High Quality We Also Service RCA and IMPORTANT SONY

724 San Pablo Ave.
ALBANY 526-7245

PUBLIC NOTICE PUBLIC NOTICE

ORDINANCE NO. 79-08
AN ORDINANCE OF THE CITY OF ALBANY AMENDING ARTICLE I OF CHAPTER 10 OF THE ALBANY CITY CODE RELATING TO THE ELECTRICAL CODE

THE COUNCIL OF THE CITY OF ALBANY DOES ORDAIN AS FOLLOWS:
Section 1: That Section 10-10 is hereby amended to read as follows:
Before any permit for any electrical work in the City of Albany may be issued the person(s) applying for such permit shall pay a filing fee plus inspection fees as follows:

Electrical fees for dwelling units may be computed at Three Dollars (\$3.00) per one hundred (100) square feet, including all interior floor areas at the discretion of the Building Official.
For issuing each permit \$10.00
For issuing each supplemental permit \$3.00

Branch circuits and feeders, each
Lumens only of not more than one thousand (1,000) watts rated capacity for lighting power
Lighting in other spaces, and for
which fees are not herein specifically prescribed

Other than one thousand (1,000) watts, other
wiring, power, and lighting, when
not otherwise specified, shall be
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ENTIRE STOCK 1st QUALITY!

RED HOT PRICES! HUGE SELECTION IN STOCK-READY TO GO

COLOR TILE
HOME IMPROVEMENT SUPERMART

TILE PAINT AND WALLPAPER

MUST SELL EXCESS STOCK IMMEDIATELY!
NEED ROOM FOR NEW MERCHANDISE ARRIVING DAILY!
HURRY TO COLOR TILE FOR SENSATIONAL SAVINGS!

SPARKLING CERAMIC WALL TILE
PRACTICAL BEAUTY FOR KITCHENS OR BATHS
FINED OR GLAZE WONT STAIN, CHIP OR BURN
OUR PRICE **79¢**

ECONOMICAL FLOOR TILE
GREAT FOR ACTIVE FAMILY ROOMS
DURABLE — KEEPS ITS GOOD LOOKS FOR YEARS
FROM **15 3/4¢**

FABULOUS MOSAIC TILE
STUNNING BEAUTY
GLAZE WONT STAIN, CHIP OR BURN
OUR PRICE **79¢**

WALLPAPER BONANZA
1000'S OF STYLES!
PRE-PASTED, WASHABLE
FROM **69¢**

OAK PARQUET
3 LUSTROUS WOOD HUES
PRE-FINISHED, GENUINE OAK!
EASY TO INSTALL!
OUR PRICE **39¢**

NO-WAX SOLARSHINE
BRILLIANT DURABLE SHINE
NEVER NEEDS WAXING
POPULAR PATTERN & COLORS!
SELF-STICK BACKING!
OUR PRICE **69¢**

ITALIAN QUARRY TILE
RICH, VIBRANT PATTERNS!
TOUGH GLAZE WONT STAIN, CHIP OR BURN
FROM **98¢**

LATEX SEMI-GLOSS
GREAT FOR KITCHEN OR BATH!
SOAP & WATER CLEAN-UP!
OUR PRICE **10 99¢**

MIRROR TILE
BAZZLING BEAUTY!
EASY TO INSTALL!
OUR PRICE **79¢**

RUGGED RED QUARRY TILE
GREAT FOR HEARTH, PATIOS!
RESISTS HEAT, FROST, MOISTURE, DAMAGE!
OUR PRICE **29 1/2¢**

SELF-STICK VINYL
EXCITING COLORS & PATTERNS!
SUPER EASY SELF-STICK BACKING!
OUR PRICE **69¢**

100% VINYL FLOOR TILE
BRILLIANT COLORS!
SCINOR TRIM!
FROM **49¢**

VINYL COUNTER TOPPING
BRIGHT NEW LOOK!
HEAT RESISTANT!
OUR PRICE **69¢**

OMSTRONG 12" VINYL FLOORING
SEAMLESS, CUSHIONED
EASY TO INSTALL!
FROM **29¢**

OMSTRONG 12" VINYL FLOORING
CARPET TILE
STAIN RESISTANT!
SELF-STICK BACKING!
OUR PRICE **49¢**

DOORBUSTERS

CARPET RUNNER
PROTECTS CARPET!
WONT SLIP!
OUR PRICE **59¢**

MASKING TAPE
FOR A NEATER JOB!
AD TO REM!
OUR PRICE **49¢**

3-PC. PAINTING SET
9 ROLLER & HANDLE!
TIP-PROOF METAL TRAY!
OUR PRICE **149¢**

TUB & FLOOR SEAL
PREVENTS WATER DAMAGE!
SELF-ADHESIVE!
OUR PRICE **219¢**

ROLLER REFILLS
FOR A PRO JOB!
FITS 5" ROLLER!
OUR PRICE **99¢**

CORK WALL TILE
HANDSOME ACCENT!
50 FT. PKG. 50 PKG.
OUR PRICE **39¢**

PLASTIC DROP CLOTH
PROTECTS YOUR FURNITURE!
REUSABLE!
OUR PRICE **59¢**

NO-SLIP STRIPS
STOP ACCIDENTS!
SELF-ADHESIVE!
OUR PRICE **89¢**

COLOR TILE
OVER 400 HOME IMPROVEMENT CENTERS COAST TO COAST

10425 SAN PABLO AVE., RICHMOND (Near Stockton Ave.) **524-6340**
Mon. thru Fri. 8 a.m.-9 p.m.; Sat. 8 a.m.-6 p.m.; Sun. 9 a.m.-5 p.m.
• CONCORD, 1774 Willow Pass Road, 825-5673
• OAKLAND, 4300 Broadway, 658-9430

PLENTY OF FREE PARKING ★ BUY NOW, PAY LATER

STATE OF CALIFORNIA
STATE OF ALABAMA
CITY OF ALBANY

JACQUELINE BUCHOLZ, City Clerk of the City of Albany, California, do hereby certify that the whole number of members of the City Council of the said City of Albany is five, that the foregoing Ordinance, being ORDINANCE NO. 79-08, was passed and adopted by the said City Council, approved and signed by the Mayor of said City and attested by the City Clerk of said City, all at a regular meeting of said Council on the 22nd day of October, 1979.

A.D. and that the same was so passed and adopted by the following votes:
AYES: Councilmembers George, Howell, Jackson, Lewis & Mayor Luoma
NAY: None

IN WITNESS WHEREOF, I have hereunto set my hand and affixed the official seal of the City of Albany, this 22nd day of October, 1979.
JACQUELINE BUCHOLZ
City Clerk

3195-A—October 31, 1979

Two UC-Berkeley professors given highest faculty honor

BENJAMIN EILEY—A professor who probes the mystery of how enzymes work and another who captures the spirit of freedom in poetry have been named Faculty Research Lecturers for 1979-80 at UC-Berkeley.

Daniel Koshland Jr. of biochemistry, a world authority on enzyme and protein structure, and Czeslaw Milosz of Slavic languages and literature, regarded as the most eminent contemporary poet in the Polish language, were confirmed in the appointments by Berkeley's Academic Senate—the highest honor the faculty can award its members.

The professors will each give a free public lecture on their research during the current academic year.

Koshland's discoveries have moved the world closer to understanding the regulators that control metabolism in living systems and hastened the time when enzymes

can be created for medical purposes.

His explorations into the tremendous catalytic power of enzymes point toward the possibility of designing specific catalysts (or chemical "triggers") that could duplicate greater speed and efficiency in chemical processes.

Now 59, Koshland is a native of New York City, a graduate of Berkeley and earned a Ph.D. from the University of Chicago. He served 14 years as biochemist at the Brookhaven National Laboratory and teaching affiliate at the Rockefeller Institute before joining the Berkeley faculty in 1965.

He is a member of the National Academy of Sciences and has served as chairman of the biological chemistry division of the American Chemical Society and president of the American Society of Biological Chemists.

Milosz is a poet, novelist and literary historian who

views poetry as the "consciousness of an epoch." His writing has added greatly to that consciousness as it mirrors the changes wrought during the last half century in his homeland and in Europe.

His autobiographical *Native Realm* explores the period of wars and revolutions he lived through in Lithuania, Russia, Poland and France. The novel, *Valley of the Insa*, is dedicated to the village life in his native Lithuania.

The Captive Mind is considered a classic analysis of Communist ideology and its impact on the writers of Eastern Europe.

During the war, in Nazi-occupied Warsaw, Milosz edited an anthology of underground poetry. At the same time, hand-written copies of his poems were circulated and read at clandestine gatherings.

His volume of collected poems, one of the first books published in post-war Poland, has influenced modern Polish literary trends and is highly valued by the young generation. Translated into English and published in America under the title, *Selected Poems: Bells in Winter*, poems from it appear in several anthologies.

Primarily a poet, Milosz has remained faithful to his mother tongue throughout the decades of his exile. He has translated Polish poetry into English and translated into Polish from several languages, including Greek and Hebrew. His recent works include a new version of the Book of Psalms.

For a few years after World War II, he took part in the literary life of the People's Republic of Poland, serving its government as a diplomat abroad.

Business women's seminars

A Business Women's Week conference will be held Nov. 5, 6, and 7 at Kaiser Auditorium, Oakland, 5:30 to 7:30 p.m. nightly. The seminars are aimed at assisting working, professional, and self-employed women with problems of money and inflation.

A three woman panel will open the conference Monday night with a discussion on budgeting, borrowing, and investing. "Keeping More of What You Earn" is the topic Tuesday for single and married people who find taxes and inflation make earning money easier than keeping it.

The final seminar Nov. 7, "A Closer Look at Real Estate," covers how to select and finance residential properties, how to qualify for a home mortgage, where to look for financing, and how to use present equity. Real estate investments, group investing, and limited partnerships also will be discussed.

Speakers include Dorothy Jam and Sharon McCu assistant vice presidents with Crocker Bank; Patricia Connolly, banker with Crocker Bank; Pat Theopoulos, loan officer; and Terry O'Neill of Judith Works, account executives from Equicredit Financial Group.

Crocker's Personal Financial Centers and Equicredit are cosponsors of the conference. For more information, call 777-4100.

PUBLIC NOTICE

PUBLIC NOTICE
I report on the uses of Federal Income Tax and Anti-recession laws for fiscal year 1978-1979 has been submitted as required by ORS regulation 51.12 and the City of Albany. The report and its supporting documentation is available for public inspection at City Hall Finance Department, 1000 San Pablo Avenue, Albany, between 8:30 AM and 5:00 PM weekdays.

1979-October 31, 1979

NOTICE TO CREDITORS

"A 213281-1
COURT OF THE STATE
OF CALIFORNIA
FOR THE COUNTY
OF ALAMEDA

State of VINCENT GIOFFI

NOTICE IS HEREBY GIVEN to the creditors of the above named decedent that all persons having claims against the said decedent are required to file them, with the necessary vouchers, in the office of the undersigned, within four months after the first publication of this notice.

Dated: October 25, 1979.
JACK C. RUNNION
DARWIN GIOFFI
Executor of the Will of the above named decedent
JACK C. RUNNION
attorney at law
National Law Corporation
Professional Building, Suite 125
Cerrito Plaza
Cerrito, California 94530
946161

Money for Executor
\$200—Oct. 31; Nov. 7, 14, 21, 1979.

NOTICE OF PUBLIC HEARING

BEFORE THE
CONTRA COSTA COUNTY
BOARD OF SUPERVISORS
ON A PLANNING MATTER
KENSINGTON AREA

NOTICE is hereby given that on Monday, November 13, 1979, at 2:00 p.m. in Room 107 of the County Administration Building, corner of Main and Escobar Streets, Martinez, California, the Contra Costa County Board of Supervisors will hold a public hearing to consider the following planning matter:

Appeal of John Rolf Hattam
of the Board of Appeals denial of application for Minor Subdivision 283-77 and Land Use Permit No. 2210-77.

The location of the subject land is in the unincorporated territory of the County of Contra Costa, State of California, generally identified as (a more precise description to be examined in the office of Director of Planning, County Administration Building, Martinez, California.

October 23, 1979.

OLSSON, County Clerk and

County Clerk of the Board of Supervisors of the County of Contra Costa, State of California.



Bonus Buys Are A Nice Deal

GRADE AA LARGE EGGS
Albertsons Large Eggs
GRADE
65¢
DOZ.

BANQUET DINNER
Banquet 11 oz. Chicken, Turkey, Mexican, Beef, Pork, or Ham Entrees or Steaks
SAVE 20¢
55¢

ORANGE JUICE
Minute Maid 6 Ounce Can Regular 54¢
SAVE 9¢
45¢

Cup O Noodles SOUP
Twin Pack 1 1/2 Ounce Size Beef Or Chicken
SAVE 24¢
55¢

POTATO CHIPS
Frito Lays Twin Pack 8 Ounce Size
SAVE 43¢
59¢

ALBERTSONS FLOUR
Albertsons 5 Pound Bag Flour
SAVE 10¢
69¢

Albertsons MEAT DEPARTMENT SPECIALS!

Beef Chuck Roast
Albertsons Supreme Blade Cut Beef Chuck Roast (7-Bone Chuck Roast) (Beef Cube Steaks) L.B.
99¢

Top SIRLOIN STEAK
Albertsons Supreme Boneless Beef Top Sirloin Steaks (7-Bone Chuck Steaks 1.39) (Boneless Beef Steak 2.29) L.B.
2.79

Albertsons GROCERY DEPARTMENT SPECIALS!

Generic MAYONNAISE
Regular 1.07 32 oz. Size Jars You Save 8¢
99¢

Generic VEGETABLES
16 oz. Peas, Corn, Tomatoes Or Cut Green Beans Reg. 34¢ Save 30¢
4 \$1

TOMATO SAUCE
Generic Label Regular 15¢ 8 oz. Size Cans Save 20¢
8 \$1

TOILET TISSUE
Generic Label Reg. 75¢ 4 Roll Packs Bathroom Tissue Save 16¢
59¢

Generic Margarine Regular 45¢ Save 30¢ 3/1
Generic Detergent 79¢
Generic Cake Mix 40¢
Macaroni & Cheese 4/1
Generic Shortening 1.39
Cheese Food 1.99

Mild Cheddar Cheese 2.29
Ballard Biscuits 6/1
Albertsons Yogurt 4/1
Tasters Choice 5.45
Good Day Bread 38¢

Cross Rib Roast Albertsons Supreme Boneless 1.89
Fresh Frozen Leg Of Lamb 1.49
Janet Lee Sili Bacon 99¢
Porterhouse Steaks Albertsons Supreme Beef 2.99
Albertsons Turkeys Butter Basted 85¢
Gold Star Turkeys 86¢
Janet Lee Turkeys 75¢
Butterball Turkeys 99¢
Johnson Chili Bricks 1.39

Johnson's Corn Dogs 1.09
Janet Lee Wieners 1.49
Ball Park Franks 1.89
Smoked Ham Shanks 79¢
Albertsons Seafood Bonus Buys!
Sockeye Salmon Fillets 4.99
Dover Sole Fillets 2.89
Kipperd Haddock 2.29
Tender Wahl Maki 2.29

FRESH REGULAR GROUND BEEF
L.B.
1.19

BEEF T-BONE STEAKS
L.B.
2.99

BARS CANNED HAM
5 L.B. CANS
7.99

BAKERY SPECIALS!

RAISED DONUTS
Regular 21¢ Each Save 8¢
12¢
Each
Danish Crisples 19¢
English Muffin Bread 2/1

VARIETY VALUES

MISS BRECK
Hair Spray in 9 oz. Pkgs.
Each**1.59**

CONTAC
Cold Capsules 10 Count
Each**1.49**

Schick BLADES
Super #9 Count Cartridge
Each**2.67**

Albertsons BONUS OFFER!

Signature FINE CHINA
REG. 9.99 FOUR PIECE PLACE SETTING
4.99
With \$10.00 Purchase.

Mrs. Butterworth SYRUP
36 oz. Size Bottles
Reg. 2.13 Save 24¢
1.89

JENO MINI PIZZA
Deluxe, Combo Or Pepperoni
7 oz. Size
79¢

ROOT BEER
Mug Regular Or Diet Root Beer In Ret. Bottles
6 Pack 11 oz. Bottles
79¢

LIQUOR SPECIALS!

Gilbey's VODKA
1.75 Liter Size Regular 8.99 Save 1.00
7.99

TEN HIGH BOURBON
1.75 Liter Size
Reg. 10.99 Save 1.00
9.99

Johnnie Walker Gallo Spanado Champagne 8.99
Old Tap Beer 1.99
Irish Spring 2.19
Dove Liquid 1.29

PRODUCE SPECIALS!

POTATOES
U.S. No. 1 Oregon Russets
10 LB. BAG
69¢

California Broccoli 49¢
Salad Size Tomatoes 39¢
California Celeriac 33¢
Centennial Yams 33¢
Texas Cucumbers 29¢
Snowflake Cauliflower 69¢

IRISH SPRING 39¢
DOVE LIQUID 89¢
IVORY LIQUID 75¢
OXYDOL 1.55

Albertsons
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2405 SAN PABLO DAM RD. SAN PABLO
STORE HOURS: MON. THRU SAT. 7 A.M. 'TIL MIDNIGHT
SUNDAY: 8 A.M. 'TIL 10 P.M.

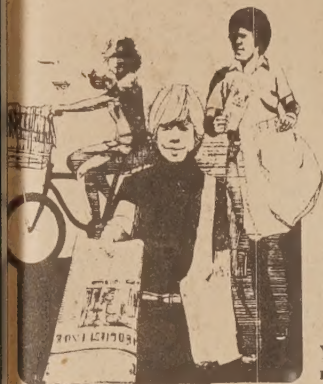
Our low prices bring you in Our people bring you back!

CLASSIFIED

Times Journal, Wednesday, October 31, 1979—21

Earn Extra Money Delivering the

TIMES JOURNAL



Young money makers...

Albany, El Cerrito, Kensington and 1,000 Oaks

Once-a-week. Wednesday Morning.

No Collections

Are you looking for a way to earn your own spending money? Would you like to learn how to conduct a business that is all your own? Become one of today's young money-makers...

If you are 10 years or older,

CALL TODAY... 525-2644

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HOMES FOR SALE
ALBANY 525

HOMES FOR SALE
ALBANY 525

Chateau
Real Estate & Investments

SPOOKIER THAN HALLOWEEN are high interest rates and a tight money supply. But like all spooks, they are something of an illusion because:

- Property appreciation rates can double or triple in relation to mortgage interest rates.
 - Tight money is the harbinger of creative financing, i.e., more sellers carry loans at lower than market rates.
 - That exorcist of beastly high interest rates, the assumable loan, is alive and well.
- With those two demons safely locked in Chateau's dungeon, we offer the following properties:

141 Ramona—no spooks here, just two good assumable loans. A prime two-bedroom in a fine neighborhood, waiting to be spirited away by some savvy buyer! Eves: Darlene Bahmanyar 524-6118.

A down to earth value, this 1914 vintage redwood home is nestled in a sylvan setting, accessible only via a country bridge. 4 bedrooms, 2+ baths, an assumable loan, and very poetic. Santiago Leon Balazs 524-0260.

Not phantasmic, but fantastic financing because the owner will carry at 11.75% with \$58,000 down. An old world English Tudor with 4 bedrooms and a large rumpus room. A solid value at \$170,000. Eves: Sally Tilton 525-2708.

Dail's Delight? An artsy two-bedroom Albany retreat. It, too, has an assumable loan. Eves: Frances Divine 527-4261.

Vanquish the spectre of inflated property values by investigating the solid value of this Rockridge 4-bedroom. It'll quiet the beastliest of appraisers! Robert Armstrong 526-8992.

Happy Halloween from the staff of Chateau and may all your spirits be friendly!

5 2 7 - 2 5 2 5
851 Pomona, Albany

HOMES FOR SALE
BERKELEY 530

HOMES FOR SALE
BERKELEY 530

**MARVIN GARDENS
REAL ESTATE**

DUCKS... GEESSE... GREENHOUSE...
and more in this turn of the Century 2 story, 4 bedroom classic. All redwood trim has been restored to its original splendor. Remodeled kitchen with glass door to large deck and producing garden with fruit trees. CALL ANN ARRIOLA 845-2000 or 525-0793.

2000 CENTER STREET, SUITE 110,
BERKELEY, CA 94704

LEGAL NOTICE 1005

LEGAL NOTICE
Notice is hereby given that Ernest Sangmaster of 326 Rugby Ave., Kensington, and Perry A. Thomas of 14 Fox Hill Road, Irvine, both of California, doing business as partners under the name "Thomas Hair Styles" at 1483 Solano Ave., Albany, California, will dissolve their partnership on October 27, 1979. Pursuant to the dissolution Perry A. Thomas will sell his partnership interest including the trade name "Thomas Hair Styles" to Ernest Sangmaster on the aforesaid date. Under the terms of the sale agreement Ernest Sangmaster is obligated to pay all the debts of Perry A. Thomas with respect to said business. Ernest Sangmaster will continue said business under the name of "Thomas Hair Styles."

LOST: Cat (male) orange colored, white flea collar, 1 year old. Vicinity Evelyn Ave.-Brighton. Answers to Tiffany. 526-7090.

FOUND 1011

FOUND - Kitten, 6 or 7 months old. Grey stripe, wearing flea collar. Inquire 1112 Marin Ave.

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SPECIAL NOTICES 1037

LET GOD HELP YOU
Adele Fuller, Licensed Teacher, from Lakeside Temple of Practical Christianity, is teaching HOW TO LET GOD HELP YOU, a text by Myrtle Fillmore, co-founder of Unity. This class is held on Thursday mornings, 10-11 AM at 445 Colusa Avenue, Kensington, CA. All are welcome. For further information, please call, 531-7357 or 834-8852.

SHANNON FUN TOURS
(Mary Ricketts)
GROUP TOURS
COMPLETE PACKAGES FOR
TURN-AROUND AND
OVER-NIGHTERS
RENO - TAHOE
DISNEYLAND
525-2602

HELP WANTED 1060

ELECTION
Workers wanted, for April 8th, 1980. One day only. Inspectors \$34.00, Judges and Clerks \$30.00. Must be registered voter of the City of Albany. Contact City Clerks Office, 1000 San Pablo Avenue, Albany, CA 94706, or call 644-8523. November 15 is the deadline.

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HELP WANTED 090

CAREER OPPORTUNITY
for mature person. Good pay, short work day. Varied office clerical only. Typing required. Much public contact but no selling. Located central Albany. Write P.O. Box 6266, Albany.

We need secretaries, typists, clerks and 10-key operators. For long and short term assignments. Call for appointment.

ADIA
TEMPORARY SERVICE
600 San Pablo Ave.
Albany
526-5564 EOE

TEMPORARY OR PART-TIME 1065

PART TIME SECRETARY FOR SCHOOL SITE COUNCIL
ALBANY HIGH SCHOOL APPROX 13 HOURS PER WEEK, 10 MONTH PER YEAR. Fringe benefits, Vacation, Sick Leave prorated. Salary \$4.33 per hour. Please apply by November 9, 1979 5 P.M. to: Albany Unified School District, 904 Talbot Avenue, Albany, CA 94706. ATTN: John E. Fike.

YOUNG MAN new to area. Typing, clerical skills, 5 yrs experience, excellent references. seeks employment. 526-5593.

HOME REPAIR 1274

KATZ WATERPROOFING & DRAINAGE CO.
Year round waterproofing, trenching & concrete work. Call 527-1583

TV-CB RADIO SOUND SYSTEMS 1450

BLACK & White swing TV, 12" \$50. Sharp picture. 524-3978.

GARAGE-RUMMAGE-YARD AUCTIONS 1485

GARAGE Sale 911
Peralta Ave, Saturday & Sunday, 10-5; household and misc. items.

GARAGE Sale. Everything must go. 3212 Yosemite St., 524-5949 Sat. and Sun.

BENEFIT neighborhood yard sale. Antiques, loads of things. Sat. Nov. 3, 9:00. 878 Peralta, Berk.

GARAGE SALE - 9-3, Saturday only. \$150.00 bedroom set, \$250.00 Duncan Phyfe Table, \$150.00 4 chairs, clothing, dishes and more. 941 Pomona Ave., Albany.

MOVING & Garage Sale - Furniture, drapes, household goods, etc. Saturday & Sunday, 10-5; 81 Franciscan Way, Kensington.

GARAGE SALE - Large variety November 3; 10-4 p.m.; 609 Talbot, Albany.

MISC. FOR SALE 1489

FIRE WOOD. Seasoned oak. Delivery or save by picking up. HOT FIRES, 527-7380.

49 SILVER DOLLARS 1881-1923, Churchill Coin No. 1, Coronation Coin No. 1, 525-2529.

WALNUT DRESSER 6' long. \$120. 527-6269.

ELECTRIC NCR cash register. Good operating condition \$25.00. Contact H.E. Pavey, 524-4645.

GUARDIAN Electronic Burglar Alarm System. Protect your home for \$199. No wiring necessary. For demonstration come to The Getaway Shop, 907 Key Route Blvd., 525-1234.

APPLIANCES 1492

GRAHAM APPLIANCE. New & used. Washer, Dryer & Refrigerator. Micro Oven. Free Delivery. 12833 San Pablo between McBryde & Esmond. 523-3170.

HAVE Gibson super chef 2 oven electric stove for sale. Call 525-1891.

HOMES FOR SALE 1525

GREAT HOME OPPORTUNITY!
Charming brown rancie 3 bedroom home on beautiful Santa Fe Ave., just a short walk to Marin School, with AC Transit right at door. In addition, there's a den or sewing room, 2 full bathrooms, brand new kitchen, new central heating system, new wall to wall carpeting, lovely garden area. A fine family home at bargain price of \$122,500. Evenings, Mrs. Chambers, 524-7158.

JEROME BLANK REALTY
1530 Solano Ave.
526-4215

NEW DOMESTIC CARS 945

NEW DOMESTIC CARS 945

RECREATIONAL VEHICLES TRAILERS 1905

10½-FT. CAMPER over cab-Sleeps 4. Very clean, just like new. 525-7151.

USED IMPORTED CARS 1935

MAZDA, 1977 808, 4 door, piston engine. Super condition, sparkling clean. Economical. Radial tires. \$3250. Call 524-7055.

PHIL BISBIGLIA
A long time resident of El Cerrito and an active member in the community.

Call Phil
for any make car
new & used trucks & vans

FIDELITY MOTORS
2627 Shattuck, Berkeley 843-3704, Ext. 42

HOMES FOR SALE 525

CUTE house and cottage
near school, freeway, bus. 526-3812, 524-1885.

BETTER THAN A DUPLEX
Two nice homes on one lot in an upper Albany residential neighborhood near Marin School. There is a Eusep old fashioned front porch, fireplace, and a big dining room in the front house, and the backyard cottage is secluded and quiet. \$112,500. Eves Marie Morales, 524-1115.

ADIA
TEMPORARY SERVICE
600 San Pablo Ave.
Albany
526-5564 EOE

TEMPORARY OR PART-TIME 1065

Mira Vista golf pals enjoy friendly rivalry

By JERRY GANDY

Al Coffron attributes steady play by his wife, Julie, and two years of good natured ribbing by Jim Smith for the presence of the Mira Vista Golf and Country Club Mr. and Mrs. Tournament championship trophy in his Kensington home.

The Smiths won the trophy the previous two years with the Coffrons finishing second.

"Whenever I'd go over to Jim's house," laughed Coffron, "he'd have the trophy waiting for me on the front porch. I wanted to win so badly this time that I just got off my butt and put everything together."

Thirty-five couples participated in last week's event as Jess and Jo Kelly finished second and the Smiths took third place.

"My wife was a gunner," Smith commented. "She usually shoots from 95 to 98, but scored a 92 on both days of the tournament. I didn't play too good the first day with an 81, but I had everything going in the second round and shot a 74."

Coffron, who took up the sport 35 years ago in Memphis, usually scores from 76 to 83.

The American Airlines flight engineer was in a crew with the Tennessee state champion when he lived in Memphis.

"He had a chance to go on the tour in 1961, but golf wasn't the big money sport it is now," Coffron recalled. "He kept after me to take up golf and finally gave me a set of sticks. That's how I got started in this funny sport."

Because of his flight schedule Coffron hasn't been able to enter the men's championship event since joining Mira

Vista in 1972, so he set his sights on the Mr. and Mrs. tourney.

"Now I'll rub it in to Jim for a year," he laughed.

Coffron usually plays his home course twice a week and joins his crew in playing elsewhere once or twice a month.

His best score at par-71 Mira Vista has been a 67. "That was in 1976," he said. "I saved that card. I had five birdies."

Although the 56-year-old golfer has been playing a long time, it has been only a few years that he "has been working like the devil" to improve his game.

"It was hard to devote time to golf while my four sons were growing up," he elaborated. "I tried taking them out on the course, but they weren't too serious about the game. Whenever they'd spot a girl across the fairway, they'd drive a ball over there."

His favorite course is Mira Vista. "It's one of the best courses I've played," he emphasized. "Each course has characteristics of its own. Mira Vista has a lot of challenging holes. If you try to gamble, it will bite you. Another thing I like about Mira Vista is all the wonderful people who play there."

The Coffrons spent a month in Scotland, playing several courses, and a round at fabled St. Andrews is a treasured memory.

"It was a wonderful feeling," he observed. "It was like going back in time to play where this goofy game started. I have affairs with golf courses. They have personalities of their own. Sometimes you beat them; sometimes they beat you."

Guide to finding energy-efficient home

In sharp contrast to just a few years ago, the cost of energy in both new and previously-owned homes has become a serious financial burden for many Americans.

But homebuyers are not defenseless. There are a number of ways this burden can be controlled. One of the simplest and most effective is to determine the energy efficiency of the home before it is purchased.

A new government publication is now available to help potential homebuyers do just that, help them make the kind of intelligent purchase decisions that will result in both immediate and lasting savings.

Sponsored jointly by the U.S. Department of Energy and the U.S. Department of Housing and Urban Development, this 60-page guide—called **The Energy-Wise Homebuyer**—is a complete, illustrated easy-to-use manual for anyone about to buy a new or an older home.

The **Energy-Wise Homebuyer** is converted into two parts—one for buyers of new homes and another for buyers of previously-owned homes.

The first section asks—and helps the answer—the question, "What energy-efficiency should my new home contain?" Out of the many possible features, the guide identifies twelve that deserve special attention. Starting with well-known items such as caulking and weatherstripping, and proper ventilation (described in terms of regional needs), it also identifies less well-known but important items like which direction the houses faces and how the house is shaded by landscaping, roof overhangs, or other features. This section concludes with a discussion on the most efficient heating system, be it gas or oil, electric, or a heat pump.

The section devoted to existing homes offers a brief discussion of the buyer's first line of defense to obtain and evaluate past energy bills—not just the owner's word for it that they are "low," but gives sound and practical advice on how to investigate the physical features of an existing home only to determine what energy-saving features are ready there, but also what improvements can be made at a reasonable cost in the future.

A special feature of this new guide is the easy-to-use checklists that can be used to compare energy-efficiency of several different previously-owned homes. A glossary of energy-related terms, as well as many valuable tips on how to reduce your energy costs after you move in.

'It's plantin' time,' says the data base

LOUISVILLE, Ky. (AP) — When to plant, when to reap, what crops to grow, which animals to raise, when the rains will come, when the sun will shine.

Like some computerized Farmer's Almanac, the "green thumb box" will soon be providing selected Kentucky farmers with the sort of information they have had to glean from newspapers and the 5 a.m. crop reports on the radio.

Early next year, 200 farmers will get their green thumb boxes, small 12-key computer terminals linking their television sets to a high-speed information system.

With the spin of a telephone dial and the touch of a button, the terminals will provide farmers with market prices, crop reports, weather forecasts and other information vital to farming.

"Information is always old," said project director Dr. John Ragland of the University of Kentucky. "For some purposes, old is two or three years, and for others, 10 minutes is old."

But the green thumb box will get "much closer to real time" information, with market prices updated every 15 minutes and the most current weather data, Ragland said.

"Beyond that, there will be a great array of production recommendations on

varieties to plant, rates and dates, fertilizers, topics they should consider ... sort of an endless array of those things that are farm-or-home-related."

The information, originating in Washington and supplemented on the state level, will be transmitted through a databank located in the farmers' county agricultural extension offices. Eventually, county agents will be able to include notices of local meetings or other information not available on the state or national level.

Ragland acknowledged that some of the information will duplicate data already available in local broadcasts or newspapers.

"A lot of things are not of general enough interest to the public that they appear in those two media," he said. "But they are of interest to someone trying to do a job in their home or on their farm."

The project, financed by \$200,000 from the U.S. Department of Agriculture and \$100,000 from the National Weather Service, will get a 14- to 15-month test in Shelby and Todd counties in central and southwestern Kentucky.

Most farm income in Shelby County comes from tobacco and dairy operations; Todd County farmers primarily grow grain. Committees of local farmers in each county will select their peers who get the green thumb boxes. Applications are still coming in.

"We'll try to get a mixture (of farmers with assorted crops, farm sizes and ages) so we could test it

with different groups or individuals," said Shelby County agent Roy Catlett.

If successful, the green thumb boxes could become available nationwide, according to Ragland, who also is associate director of the university's cooperative extension service.

How farmers use the boxes also will give Ragland and others a statistical account of what information was most popular.

"We'll be, I'm afraid, pestering them a fair amount about their reaction and taking up their time," Ragland said.

Operating 24 hours a day, the boxes will be equipped with memories to allow farmers to recall any information for another look.

"Each phone call gets eight TV screens of information transmitted in less than two minutes," Ragland said. "Then the phone disconnects, and the information stays in the box as long as (the farmer) wants it."

Because of the experimental nature of the green thumb project, the 200 farmers involved have nothing for the boxes. Each terminal costs \$200, Ragland said, but the price is expected to decline when they are mass produced.

Sen. Walter "Dee" Huddleston, D-Ky., who proposed the project in March 1978, was instrumental in getting \$1 million included in the Senate version of the current agriculture appropriations bill for expansion of the project, Ragland said.

Buses for disabled get federal grant

OAKLAND — The Metropolitan Transportation Commission has approved a federal grant of \$1.5 million to help AC Transit purchase 175 new buses that will be accessible to handicapped persons.

AC Transit spokesman Michael Mills said the grant from the Urban Mass Transportation Administration will help meet the \$22.3 million price tag for the buses, which have been ordered and are due to be delivered next spring.

Mills said 155 of the buses would be 40 feet long and the remaining 20 would be 35 feet long. All will have lifts near the front entrance to accommodate the handicapped, he said.

Most of the buses will serve as additions to the existing fleet, while others will replace older buses, he said.

In another matter, Mills said the BART labor dispute has strained the finances of the bus system. Drivers have required increased overtime pay and buses have needed more maintenance work, he said.

Before the BART shutdown Aug. 31, AC Transit carried about 40,000 passengers a day across the Bay Bridge, Mills said.

Since the shutdown, coaches have been making up to 100 extra trips a day during peak commute hours, bringing the trans-bay passenger count to 75,000 a day, he said.

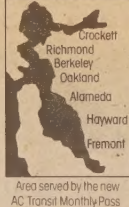
BART's limited service has not reduced the number of passengers to San Francisco, Mills said.

Mills said AC Transit has not calculated how much money has been lost during the BART dispute. He said the transit district had no specific plan at this time to ask the Metropolitan Transportation Commission for a portion of the sales tax revenues usually earmarked for BART's use.

With the new AC Transit Monthly Pass you can ride the bus as many times as you want, for a whole month, for \$15!

1. Good for an unlimited number of rides for one month (except on BART Express and Transbay runs).
2. On intercity Express buses showing the pass reduces the fare by 35¢.
3. Good on all AC Transit local routes west of the Eastbay hills (see map). Not good on Transbay or BART Express routes.

When you use an AC Transit Monthly Pass there's no need to have the correct change. No need for transfers.



Area served by the new AC Transit Monthly Pass

How to buy it. How to use it.

AC Transit Monthly Passes can be purchased at Safeway, Lucky, and Co-op stores in the areas served by the pass, at the AC Transit office, and by mail using self-mailers available on buses. Passes for each month go on sale the last week of the preceding month. Passes are non-transferable—they must be retained by the pass holder while riding the bus. Using it is simple. Just show it to the driver upon boarding. And because you can board buses going any direction at any time, no transfers are necessary.

$$21.5 \times 35¢ \times 2 = \$15.05$$

The more you use it the more you save.

Once you've purchased the pass for \$15 you may use it for an unlimited number of rides for that month. If you use the pass to commute daily to work or school the cost is about the same as paying cash (based on an average of 21.5 working days per month). All additional rides—evenings, weekends, or special trips mid-day are essentially free!

What AC Transit riders are saying about it.

- "What a convenience. No more worrying about having the right change!"
- "With the pass I'm set for the whole month!"
- "I get extra rides free!"
- "Great for shopping. No transfers. Just get on a bus!"
- "You get on the bus easier. Lines move faster."
- "Just show it and go!"



Bus riding made easy.

November passes are now on sale at Safeway, Lucky, Co-op, and Emby Foods.

Construction drop is seen

WASHINGTON, D.C. — Construction contracts in 1980 will total \$169.5 billion, 2 percent more than this year's anticipated level of \$165.5 billion. But after accounting for the impact of inflation, the actual volume of next year's construction will be down by 8 percent, it was announced last week by McGraw-Hill Information Systems Company at a major conference for business executives. A leading authority on the construction market, the firm is known for its Dodge Reports on construction activity and Sweet's Catalog Files of building product information.

The forecast of the 1980 construction market was presented to over 600 executives attending the annual Building Products Executives Conference at the Capital Hilton by George A. Christie, the company's vice president and chief economist.

He told the specially invited audience, "On the surface, you couldn't find much evidence of recession in the construction industry in the fall of 1979. But in the 1979 months that still remain, all the risk is on the downside. The strong measures taken to restrain inflation have created an environment for the construction market that is becoming increasingly hostile on all fronts."